

IMMACULATE HEART OF MARY PARISH

131 Birchmount Road, Scarborough, ON M1N 3J7

Tel: 416.691.6968 Fax: 416.691.3947

Email: ImmaculateHeartofMarySC@archtoronto.org

Website: www.immaculateheartofmarysc.archtoronto.org

Rev. Fr. Canisius Raj, Pastor



MASS SCHEDULE

Monday to Friday at 12:05 pm
Saturday at 9:00 am & 5:00 pm (Sunday Vigil)
Sunday at 9:00 am & 11:00 am

EUCCHARISTIC ADORATION

Every Friday at 11:00 am

FATIMA DEVOTION

Every 1st Saturday of the month
following the 9:00 am Mass

LIVESTREAM MASS [English]

<https://www.youtube.com/@olghtamilparish/streams>
Sunday at 11:00 am

CONFESSIONS

Monday to Friday at 11:30 am | Saturday at 4:30 pm

OFFICE HOURS

Monday to Friday 10:00 am to 4:00 pm
Susan Lee, Parish Secretary/Bookkeeper

SACRAMENTAL PREPARATION

(Baptism, First Communion, Confirmation, RCIA)
Alice Warford, Sacramental Coordinator
awarford@archtoronto.org

ST VINCENT DE PAUL SOCIETY

Jeanette Paul: 647.428.2880
ihmscarborough.svdpg@gmail.com

KNIGHTS OF COLUMBUS

Selva S.: 647.656.0846

LEGION OF MARY

Br. Joseph Douris: 416.691.6968

CATHOLIC WOMEN'S LEAGUE

Alice Warford: 416.453.3965

IMMACULATE HEART OF MARY SCHOOL

416.393.5272

OUR LADY OF GOOD HEALTH PARISH

Rev. Fr. Canisius Raj, Pastor: 416.264.6544
Sunday Masses at 12:30 & 4:30 pm (in Tamil)

1st Reading: Isaiah 5.1-7

2nd Reading: Philippians 4.6-9

Gospel: Matthew 21.33-43 - The Parable of the Wicked Tenants

Praying at all times.

"In everything by prayer and supplication with thanksgiving let your requests be made known to God." These are the words from St. Paul's letter to the Philippians that we hear in today's second reading. Elsewhere in his letter to the Thessalonians, he says "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." St. Paul is urging us to pray in all circumstances and at all times.

But is it really feasible for us to pray at all times? While we may not be able to spend every moment praying in the chapel, we can still pray ceaselessly by offering up all of our acts as a prayer to God. St. Josemaria Escriva says that "You can be sure that it is through the circumstances of ordinary life, ordained or permitted by the infinite wisdom of divine Providence, that we come close to God ... To this I now add that your work too must become a personal prayer, that it must become a real conversation with Our Father in heaven"

As stewards, we can pray and be in union with God through our professional work as well as our charitable works for the parish community. If we offer up these moments of work to God as a means to commune with Him, we will begin to live out St. Paul's exhortation to pray ceaselessly. Let us strive to never forget the dignity and value of our work as stewards of Christ.

Summary

In today's second reading St. Paul urges us to pray ceaselessly in all circumstances. While we may not be able to spend every moment in the chapel, we can still pray ceaselessly by offering up all of our acts as a prayer to God. Let us strive to intentionally realize the dignity of our professional work, and our work as stewards, as a means to be in communion with God.

Day of Reflection and Prayer for the Bereaved

**Manresa Jesuit Renewal Centre
2325 Liverpool Rd. Pickering ON L1X 1V4
Saturday October 31, 2026**

"Where is God in my pain? How is God working in my grief?" Grieving a loved one can shake or give a new shape to our faith. At this gathering, you will have the opportunity to share your grief story in a community of faith and to reflect in a prayerful way on your experience, to draw renewed strength and hope to continue the journey.

**Facilitated by Sr. Claire Marchal and Mary Hyland
Suggested Offering: \$75 per person (includes lunch)
Please contact: Mayr Hyland - 905-441-0957**

Mass Intentions FOR THE WEEK

Monday, October 5th

12:05 pm † Mary V. Friginal
requested by Libby Tillo.

Tuesday, October 6th

12:05 pm In thanksgiving & Intentions of Fe Cortez on her 83rd birthday, *requested by Tess Fernandez & Family*

Wednesday, October 7th

12:05 pm † Erlinda De La Cruz on her birthday remembrance, *requested by The Nilo Family.*

Thursday, October 8th

12:05 pm † Syd & Sylvia Warford,
requested by Brian & Alice Warford.

Friday, October 9th

12:05 pm In thanksgiving and intentions of Tess Fernandez on her 79th birthday, *requested by Tess Fernandez & Family*

Saturday, October 10th

9:00 am † Rosa Maria Da Rocha
requested by Sister Rose Galase

5:00 pm For the People of the Parish

Sunday, October 11th

9:00 am For the Protection of Unborn Children
requested by Masses for Life Project

11:00 am † Rene Martin 1st year death anniversary,
requested by the Sevilla Family.

Attention All Eucharistic Ministers and Lectors

The Office of Formation for Discipleship is offering some webinars during Liturgical Ministries Week.

We highly recommend you attend these webinars.

Tuesday October 20, 7pm to 8:30pm – Formation for Extraordinary Ministers of Holy Communion.

This webinar is for new and experienced Extraordinary Ministers of Holy Communion who serve in parishes at Sunday or weekday liturgies. It is designed to provide practical training for service in this ministry and will offer helpful tips for spiritual preparation. Please register for this event at: <https://bit.ly/EMHCW-Register2026>

Wednesday October 21, 7pm to 8:30pm – Formations for Lectors.

This webinar is for new and experienced lectors, those serving at Sunday or weekday liturgies and for RCIA team members who lead celebrations of the Word of God. It is designed to provide practical training for service in this ministry and will offer helpful tips for spiritual preparation. Please register at: <https://bit.ly/L-Registration2026>



The Catholic Women's League & The Society of St Vincent de Paul

Together these two organizations are asking for your help this Fall collecting food items for those who are struggling with food insecurities.

Most needed items are tomato sauce, soup/ramen, powdered milk, condiments, cereals, spreads, baking items, instant coffee. Tuna/ canned meats, canned vegetables, beans and chickpeas, granola bars, pancake mix and baby food.

We will have a donation bin at the entrance of the church from October 3rd to 19th for your convenience.

Please be sure to check the expiry dates on the food before you donate. Let us be the hands of Christ that reach out to those in need during this season of Thanksgiving.

Thank you.

World Youth Day Mass with Cardinal Leo

November 21, 2026

Join young adults from across the Archdiocese for a special World Youth Day Mass with His Eminence Frank Cardinal Leo on Saturday November 21, 2026 at St Thomas More Parish. Come together for an evening of faith, prayer, community, and joyful celebration as we honour Jesus Christ, King of the Universe, and gather as one Church.

Free admission. No registration required.

Open to all young adults ages 19-39.

Humanitarian Relief – Nepal Mudslides or Colombia Earthquake

The Archdiocese of Toronto is accepting donations to support humanitarian relief efforts following the devastating mudslides and flooding in Nepal and the devastating earthquake in Colombia. Both disasters have resulted in significant loss of life, displacement and widespread damage to homes, roads, bridges and other critical infrastructure.

Those wishing to help may donate online through

www.archtoronto.org, by phone through the Donations Processing Centre at 437-529-1287, or through the parish. Funds will be channeled through trusted Catholic partners assisting those most affected.

Please pray for those who have died, those who are grieving or displaced, and all those providing emergency assistance and support.



The month of October is designated as the Month of the Holy Rosary, a beautiful tradition that opens our hearts to consider the beauty and efficacy of a prayer given to us by Our Lady. The Rosary is a powerful spiritual gift, and October is a great time to increase our devotion to it. It's a great idea to carry a rosary in your pocket at all times so you are always ready to pray it in times of stress or waiting for your train or bus or even while on the bus you can pray. Sometimes it helps to use music or or look at an image as you pray the rosary as it is a contemplative prayer. If you are upset or discouraged praying the rosary can ease your pain or doubt. As you pray each mystery ask for a specific intention or meditate on the mystery while you pray, maybe focusing on a particular action or word in the mystery. If you can't pray the whole rosary do not get discouraged, you have made a great attempt and can pick it up later and continue. Praying the rosary can be calming and sustaining in moments of sadness or spiritual drought.

The traditional fifteen mysteries of the rosary were finalized by the sixteenth century. The mysteries are grouped into sets: the Glorious Mysteries, prayed on Sunday/Wednesday. The Joyful Mysteries, prayed on Monday/Saturday. The Sorrowful Mysteries, prayed on Tuesday/Friday and the Luminous Mysteries, prayed on Thursday. This last mystery was added in 2002 by Pope John Paul II.

The Memorial of Our Lady of the Rosary will fall this year on Wednesday, October 7th, 2026.



Your weekly offering for Sunday September 20, 2026

Envelope: \$1809.95

Loose: \$ 494.10

PAG: \$ 353.23

Total: \$2657.28



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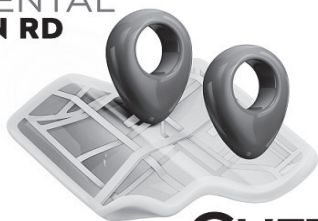
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