

# THE PARISH OF THE IMMACULATE HEART OF MARY

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Email: ImmaculateHeartofMarySC@archtoronto.org

Website: www.immaculateheartofmarysc.archtoronto.org

Rev. Fr. Charles Collins, Pastor

Rev. Fr. Peter Gitendran, In Residence



## MASS SCHEDULE

Monday to Friday at 12:05 pm

Saturday at 9:00 am & 5:00 pm (Sunday Vigil)

Sunday at 9:00 am & 11:00 am

## EUCCHARISTIC ADORATION

Every Friday at 11:00 am

## FATIMA DEVOTION

Every 1st Saturday of the month  
following the 9:00 am Mass

## LIVESTREAM MASS [English]

<https://www.youtube.com/@olghtamilparish/streams>

Sunday at 11:00 am

## CONFESSIONS

Monday to Friday at 11:30 am | Saturday at 4:30 pm

## OFFICE HOURS

Monday to Friday 10:00 am to 4:00 pm

Susan Lee, Parish Secretary/Bookkeeper

## SACRAMENTAL PREPARATION

(Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator

[awarford@archtoronto.org](mailto:awarford@archtoronto.org)

## ST VINCENT DE PAUL SOCIETY

Jeanette Paul: 647.428.2880

[ihmscarborough.svd@gmail.com](mailto:ihmscarborough.svd@gmail.com)

## KNIGHTS OF COLUMBUS

Selva S.: 647.656.0846

## LEGION OF MARY

Br. Joseph Douris: 416.691.6968

## CATHOLIC WOMEN'S LEAGUE

Alice Warford: 416.453.3965

## IMMACULATE HEART OF MARY SCHOOL

416.393.5272

## OUR LADY OF GOOD HEALTH PARISH

Rev. Fr. Charles Collins, Pastor: 416.264.6544

Sunday Masses at 12:30 & 4:30 pm (in Tamil)



*From the Pastor's desk*

My Dear Brothers & Sisters,

Words cannot fully express the depth of my gratitude as I prepare to leave for my new assignment. It has been a profound privilege and blessing to serve as your Pastor, and I depart with a heart full of both sadness and joyful anticipation for the journey ahead.

I want to thank you sincerely for your warm welcome, your sacrifices, and the many ways you have supported our parish ministries and programs. Your deep faith and love for Our Lord have been a continuous source of strength and inspiration to my own spiritual life and priestly ministry. I will miss praying the rosary, Monday to Friday, with the Immaculate Heart of Mary community; and on Fridays, Eucharistic Adoration as well.

As I leave for my new assignment, I humbly ask for your forgiveness for any shortcomings or mistakes I may have made during my time with you. Please know that you will always hold a special place in my heart, and I will carry you with me in my daily prayers and Masses.

There is no words to express my thanks to all of you. Also, million thanks to my office staff at Immaculate Heart of Mary - Susan Lee and Alice Warford; and Our Lady of Good Health - Maureen Rajadurai, Larisha Louis Paul, Pravina Robert Princely & Christy Angelo.

My prayer for this community is that you will continue to grow in faith, love, and unity. Thank you for everything.

May God abundantly bless you and keep you in His grace.

In Christ,

*Fr. Charles*



Join us for cake after ALL MASSES on Saturday, June 20<sup>th</sup> at 5:00 pm; and Sunday, June 21<sup>st</sup> at 9:00 & 11:00 a.m. to say goodbye to our Pastor, Fr. Charles Collins.

*Mass Intentions*  
FOR THE WEEK

**Monday, June 15<sup>th</sup>**

**12:05 pm** In thanksgiving & intentions of Fedeirco Tillo on his birthday  
*requested by the Costales family*

**Tuesday, June 16<sup>th</sup>**

**12:05 pm †** In remembrance of Marcelino Pazcoguín, Jr. on his death anniversary  
*requested by Jesus and Judith Hipolito*

**Wednesday, June 17<sup>th</sup>**

**12:05 pm †** John Leithwood  
*requested by his wife, Mary & family*

**Thursday, June 18<sup>th</sup>**

**12:05 pm**

**Friday, June 19<sup>th</sup>**

**12:05 pm** For the healing intention of Ida Belen Percy & Selena Umali  
*requested by Themma Potal*

**Saturday, June 20<sup>th</sup>**

**9:00 am †** Hazel Pereira  
*requested by the Pereira family*

**5:00 pm** In thanksgiving & intentions of Andrea Tibayan & her late husband, Apolinario on their 51<sup>st</sup> wedding anniversary  
*requested by Andrea Tibayan & family*

**Sunday, June 21<sup>st</sup>**

**9:00 am †** Otto Raymond Mapp  
*requested by his son, Anthony Michael Mapp*

**11:00 am** All living & deceased fathers written in the cards below the altar

**SPRITUAL BOUQUET SIGN UP ...!**



**What is a spiritual bouquet?**

A "spiritual bouquet" is a group of prayers gathered together for a particular intention. The idea is that each prayer is like a flower and that the group is like a bouquet mystically offered as a gift to God for a particular intention.

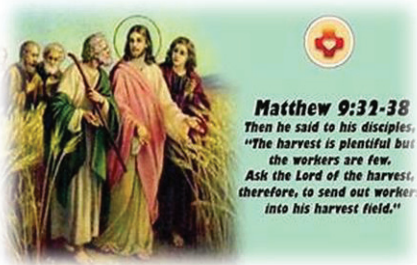
Spiritual Bouquets are prayers or devotional acts that someone (the giver) has or will offer for someone else (the recipient). It can be given from an individual or group to an individual or group to express joy, sorrow or best wishes, often in commemoration of a special occasion.

**We, as a parish community, would like to present to our pastor, Fr. Charles Collins, with a spiritual bouquet for our appreciation for his service to our parish community.**

**A sign-up sheet will be made available in the foyer of the church after all Masses this weekend.**

## The harvest is plenty, but the labourers are few

The Gospel begins by highlighting Jesus’ reaction to the crowds who were “like sheep without a shepherd”. Our Lord is moved with compassion for them and declares that the “harvest is plenty, but the labourers are few.” Jesus invites us to lovingly share our time and talent to help build his kingdom within our parish communities, so that they may be joyful to live in and attractive to others. Stewardship is not overly complicated, but rather a humble offering of one’s own time and talent in service to others, such as by joining a parish ministry we feel called to serve in, or even through the simple act of welcoming newcomers with a smile.



**Matthew 9:32-38**  
Then he said to his disciples, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field."

Through the Gospel reading, God brings our attention to the lost and all those in need of our time and talent to help guide them to the person of Jesus Christ. He promises to make us a “holy nation” if we

keep His commandment to proclaim His goodness and become a living testimony to His sanctifying grace. By inviting us to partake in this mission, Jesus promises a bountiful harvest.

Our Church invites us to “care for the gathered and reach out to the scattered.” An important step in accomplishing this, is to invite the Holy Spirit to more actively work in our lives. Then, by living a stewardship way of life, reach out and minister to people who are in need of our time and talent. One way we can do this, is by sharing our God-given gifts in one of the many parish ministries we may feel called to serve in.

~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~

## MASS OFFERING for FATHER’S DAY

There is no better way to celebrate Dad on Father’s Day than to offer a Mass for his intention.

This year, we have reserved the 11:00 am Mass on Father’s Day, Sunday, June 21<sup>st</sup>, 2026 for the offering of these Mass intentions. Special Mass cards will be made available for this occasion and can be purchased at \$10 each. The name from each card will be written on a card and then placed under the altar.

These special Mass cards will be available for purchase in the foyer of the church after all Masses this weekend.

**"Every family needs a father — a father who shares in his family's joy and pain, hands down wisdom to his children, and offers them firm guidance and love."**  
~ Pope Francis~

## MAY WELLNESS TIP Men’s Health Awareness

June is Men’s Health Awareness Month, and June 15–21 marks International Men’s Health Week, a time to highlight the importance of physical, mental, and emotional well-being for men of all ages.

Men are often less likely to seek preventive care or talk about health concerns early. This month is a reminder that good health is built through consistent habits, not just reactions to illness.

### Ways to Support Men’s Health:

- Book regular check-ups and screenings Preventive care helps catch health issues early when they are most treatable.
  - Stay physically active Aim for regular movement such as walking, strength training, or recreational sports.
    - Eat and drink for energy and balance Focus on whole foods, balanced meals, and staying properly hydrated.
  - Prioritize sleep Consistent, quality sleep supports heart health, mood, and energy levels.
    - Manage stress in healthy ways This may include exercise, prayer, time outdoors, journaling, or relaxation practices.
  - Stay socially connected Maintaining friendships and family relationships supports both mental and physical health.
    - Take mental health seriously Talking openly about stress, anxiety, or mood changes is a sign of strength. Support can include trusted friends, faith communities, or professional care when needed.
  - Set one realistic wellness goal this month Examples: take a daily walk, drink more water, book an overdue appointment, or reduce screen time before bed.
    - Healthy habits don’t need to be extreme to be effective. Small, consistent steps lead to long-term change.
- Let’s use Men’s Health Awareness Month to encourage the men in our lives to take care of themselves — physically, mentally, and emotionally.
- For more information, wellness tips, and support resources, visit the Canadian Men’s Health Foundation, Movember Foundation, or CAMH websites.

## CAMPUS MINISTRY AND CHAPLAINCY CONNECT

### CALLING ALL GRADUATING HIGH SCHOOL STUDENTS!

Graduation marks the end of one chapter and the beginning of another. As you close your high school books, open your heart to a journey of spiritual growth and community. Join a campus ministry for an opportunity to grow deeper in your faith, form lasting friendships, and experience university/college life in a different way. Your next adventure awaits - let it start with purpose! Check out Chaplaincy Connect at [chaplaincyconnect.ca](http://chaplaincyconnect.ca) to find your Catholic home on campus.



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