

Living the
Gospel



ShareLife Sunday Collection: May 30/31

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Building a Community of Love

This Sunday, we celebrate the mystery of the Most Holy Trinity which is the “central mystery of Christian faith and life” (CCC 234). While the Trinity is a mystery, our mind will never fully grasp we can still glean much spiritual fruit through prayerful reflection.

Firstly, we must remember that God is Love (1 John 4:16). In order for God to be Love itself, it stands to reason that He is “one but not solitary” (CCC 254). This is because love requires a lover and a beloved. It is within the Trinity that an eternal exchange of Love exists. St. Augustine describes in his treatise “On the Trinity” that the Father and the Son eternally look at each other with pure Love, and this unadulterated love is the Holy Spirit, existing for all ages.



Hence, through reflecting on this mystery we come to understand the immense importance of community and the sharing of love. As stewards, we are called to imitate this divine life of the Trinity. We can do this by living with our brothers and sisters and fellow parishioners in a community of love. Love requires sacrifice and is expressed not just in words but in deeds (1 John 3:18). So, let us offer up our time and talents for the good of our parish and the Church. If we strive to create this community of love, we can take great consolation in knowing that we are abiding in the Trinity, for St. John says “whoever abides in love abides in God, and God abides in him” (1John 4:16).

Summary

St. Augustine describes in his treatise “On the Trinity” that the Father and the Son eternally look at each other with pure Love, and this unadulterated love is the Holy Spirit, existing for all ages. Hence, through reflecting on this mystery we come to understand the immense importance of community and the sharing of love. As stewards, we are called to imitate this divine life of the Trinity by living with our brothers and sisters and fellow parishioners in a community of love.

~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~

Mass Intentions FOR THE WEEK

Monday, June 1st

12:05 pm † Dalisay Tecson on her 3rd yr. death anniversary
requested by the Sevilla family

Tuesday, June 2nd

12:05 pm † Baptist Britto
requested by Dominic Cardoz

Wednesday, June 3rd

12:05 pm † Angela, Alex & Pascoal Cardoz
requested by Dominic Cardoz

Thursday, June 4th

12:05 pm † Miguel & Ana Jaoquina Almeida
requested by Dominic Cardoz

1st Friday, June 5th

12:05 pm In thanksgiving & birthday intentions
of Larlyn Caasi
requested by Michael Caasi & family

1st Saturday, June 6th

9:00 am In thanksgiving for graces received & intentions of
Br. Joseph Douris
*requested by Queen of the Most Holy Rosary
praesidium*

5:00 pm For the People of the Parish

Sunday, June 7th

9:00 am † Cristiano Medeiros on her birthday remembrance
requested by Ida & family

11:00 am In thanksgiving & birthday intentions
of Suzette Caasi
requested by Michael Caasi & family

2026 Summer Camp Opportunities for Children and Youth

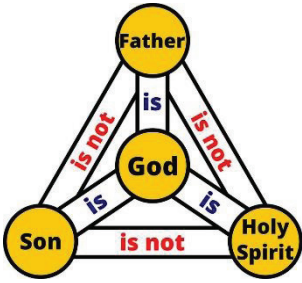


Summer camps are being offered for children at 59 parishes inside the Archdiocese of Toronto this summer, with over 86 weeks of dates and locations to choose from. Parents who may be interested in having their kids attend a parish day camp can access the complete list of parishes, locations and dates here: <https://ocytoronto.org/parish-camps> and are encouraged to contact the parish of interest directly to register or get more information.

What Is the Trinity?

The Trinity is the manner in which Catholics believe God is revealed to the world. The Catechism of the Catholic Church tells us, “*The mystery of the Holy Trinity is the central mystery of the Christian faith and of the Christian life.*” (CCC, #261)

The Church shows that because God is “mystery,” meaning that we just can’t pin God down — we’re unable to know everything there is to know about God — God has tried to communicate to us just who He is. Traditionally, the Church expressed this as, God being revealed as Father, Son, and Holy Spirit, three expressions or “persons” of one divine essence. The



Trinity is one. Catholics do not believe in three Gods but rather one God in a unity of three persons with one divine nature.

God the Father

The church uses the image of the Father — the Creator from which everything flows and has its being — to express the first person of the Trinity. While the Son and the Holy Spirit are not “lesser gods” they do proceed from the Father as God’s own self-gift to humanity.

God the Son

The second person of the Trinity is the Son — Jesus himself, God become man. Catholics believe that God freely chooses to come into human history in the person of Jesus. God becomes like us and dies our human death for us. But because Jesus is God, He cannot be held by death and rises to a new life, supremely better than human experience.

God the Holy Spirit

The third person of the Trinity is the Holy Spirit, who proceeds from both the Father and the Son. Jesus announces that his Father will send the Holy Spirit to be with and in the disciples, to teach and guide them. The Spirit is God’s real presence living within all of us, which brings us inspiration (which literally means “*to draw in the Spirit*”).

God is three “persons” but one “essence.” The Father is just as much “God” as the Son and neither is “more God” than the Spirit.

Catholics profess this belief every time they make the Sign of the Cross (praying “*In the name of the Father, and of the Son, and of the Holy Spirit*”) and during the sacraments, such as baptism.

~ by Deacon Mike Hayes~



OFFICE OF VOCATIONS
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Serra’s ‘Vocation Seeds’

*“God so loved the world
that he gave his only-begotten Son...”*

How can you best serve God in a response to that love? If God is calling you to the priesthood, diaconate, or consecrated life, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email: vocations@archtoronto.org

MARYGROVE CAMP

The Society of St. Vincent de Paul, Toronto Central Council, helps over 1,000 girls each summer, registering



eligible campers through home visits. Marygrove Camp is a residential camp situated on Georgian Bay in Ontario, open to eligible girls ages 5-13. Marygrove provides a camping experience for

children who may not otherwise have the opportunity to enjoy a camping adventure. Families who are experiencing financial or domestic hardship may contact the Society directly to determine their eligibility.

Special Collection is on June 13-14, 2026

Thank you for your support!

SHARELIFE SUNDAY

Today is our third weekend of special collections for ShareLife Sunday celebrating 50th anniversary. Reverence for life at all stages has been a core principle of ShareLife since its founding in 1976. We recognize the sacredness of life from conception to natural death.



ShareLife-funded agencies uphold this value in everything they do, bringing hope, healing, and compassion to those who need it most.

This mission of love is witnessed at Rose of Sharon, where Executive Director Deanne Kukulewicz gratefully notes that “your commitment to ShareLife is an investment in young parents and their futures, fostering a community where everyone has the opportunity to thrive.”

Please give at the parish using a ShareLife envelope, online through our parish website, or at

<https://sharelife.org/donate/>.

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