

# THE PARISH OF THE IMMACULATE HEART OF MARY

131 Birchmount Road, Scarborough, ON M1N 3J7

Tel: 416.691.6968 Fax: 416.691.3947

Email: ImmaculateHeartofMarySC@archtoronto.org

Website: www.immaculateheartofmarysc.archtoronto.org

Rev. Fr. Charles Collins, Pastor

Rev. Fr. Peter Gitendran, In Residence



## MASS SCHEDULE

Monday to Friday at 12:05 pm

Saturday at 9:00 am & 5:00 pm (Sunday Vigil)

Sunday at 9:00 am & 11:00 am

## EUCCHARISTIC ADORATION

Every Friday at 11:00 am

## FATIMA DEVOTION

Every 1st Saturday of the month  
following the 9:00 am Mass

## LIVESTREAM MASS [English]

<https://www.youtube.com/@olghtamilparish/streams>

Sunday at 11:00 am

## CONFESSIONS

Monday to Friday at 11:30 am | Saturday at 4:30 pm

## OFFICE HOURS

Monday to Friday 10:00 am to 4:00 pm

Susan Lee, Parish Secretary/Bookkeeper

## SACRAMENTAL PREPARATION

(Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator

[awarford@archtoronto.org](mailto:awarford@archtoronto.org)

## ST VINCENT DE PAUL SOCIETY

Jeanette Paul: 647.428.2880

[ihmscarborough.svd@gmail.com](mailto:ihmscarborough.svd@gmail.com)

## KNIGHTS OF COLUMBUS

Selva S.: 647.656.0846

## LEGION OF MARY

Br. Joseph Douris: 416.691.6968

## CATHOLIC WOMEN'S LEAGUE

Alice Warford: 416.453.3965

## IMMACULATE HEART OF MARY SCHOOL

416.393.5272

## OUR LADY OF GOOD HEALTH PARISH

Rev. Fr. Charles Collins, Pastor: 416.264.6544

Sunday Masses at 12:30 & 4:30 pm (in Tamil)

## Playing our Part in the Church

Even in today's short Gospel passage, we can learn a lot about authentic stewardship through the example of St. John the Baptist. John used his gifts of prophecy and preaching to help make Christ known. He readily used his gifts for the service of Christ and His mission. We should ask ourselves, how are we using our gifts to serve Christ?

Cardinal Collins in his Pastoral Letter on Stewardship\* says that our time, talent and treasure "are the gifts that each of us has freely received, and which we need to use responsibly in a spirit of gratitude. If we do that ... then we will experience the joyful serenity of deep stewardship."



"Behold!  
The Lamb  
of God  
who takes  
away  
the sin  
of the  
world!"

John 1:29

As we are still in the month of January, it is never too late to commit to a deeper life of stewardship this year. Let us strive to be intentional and tangible in our resolve to be stewards. For starters, it is important to gratefully acknowledge that all we have in our lives is from God. Let us begin to take time each day in prayer to thank Him for all of His blessings. Secondly, by prayerfully examining our talents, let us seek groups or ministries in the parish in which we can give our gifts back to God. We don't need to be intimidated if we feel we cannot do great things for our parish, for all of us has a role to play. Let us conclude today's reflection by pondering the following words of encouragement by St. Teresa of Calcutta. "If you can't feed a hundred people, then feed just one."

*~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~*



**PANCAKE BREAKFAST**  
Sunday, February 22nd

## Mass Intentions FOR THE WEEK

### Monday, January 19<sup>th</sup>

**12:05 pm** † Veronica & Stephen Ball  
*requested by the Ball family*

### Tuesday, January 20<sup>th</sup>

**12:05 pm**

### Wednesday, January 21<sup>st</sup>

**12:05 pm** In thanksgiving & intentions of Nereza Frias on her birthday  
*requested by Nereza Frias*

### Thursday, January 22<sup>nd</sup>

### Friday, January 23<sup>rd</sup>

**12:05 pm** † Alfredo Cruz  
*requested by Nereza Frias*

### Saturday, January 24<sup>th</sup>

**9:00 am**

**5:00 pm** For the People of the Parish

### Sunday, January 25<sup>th</sup>

**9:00 am** In thanksgiving & intentions of Von Perez  
*requested by Von Perez*

**11:00 am** In thanksgiving & intentions of Melchor Costales on his 70<sup>th</sup> birthday  
*requested by the Costales family*

## TIPS BEFORE USING YOUR 2026 ENVELOPES

To ensure accurate processing of all donations received, kindly adhere to the following guidelines:

1. Ensure that the box of 2026 offertory envelopes, which you have picked up, has your name on it.
2. **Discard** all OLD envelopes including 2025 offertory envelopes before using your 2026 offertory envelopes.
3. If you have not picked up your 2026 offertory envelopes, kindly use the VISITOR envelopes which are available in the foyer of the church in the literature rack, behind the back pew inside the church or at the side entrance, ALL information on the envelope **MUST** be filled out and **CLEARLY** written.
4. **Note:** Your 2026 offertory envelopes can also be picked up at the parish office. Kindly call the parish office ahead of time.

Thank you for your co-operation!



## SAINT FRANCIS DE SALES' STORY

Feast day: January 24<sup>th</sup>

Saint Francis de Sales was destined by his father to be a lawyer so that the young man could eventually take his elder's place as a senator from the province of Savoy in France. For this reason, Francis was sent to Padua to study law. After receiving his doctorate, he returned home and, in due time, told his parents he wished to enter the priesthood.



His father strongly opposed Francis in this, and only after much patient persuasiveness on the part of the gentle Francis did his father finally consent. Francis was ordained and elected provost of the Diocese of Geneva, then a center for

the Calvinists. Saint Francis de Sales set out to convert them, especially in the district of Chablais. By preaching and distributing the little pamphlets he wrote to explain true Catholic doctrine, he had remarkable success.

At 35, he became bishop of Geneva. While administering his diocese he continued to preach, hear confessions, and catechize the children. His gentle character was a great asset in winning souls. He practiced his own axiom, *"A spoonful of honey attracts more flies than a barrelful of vinegar."*

Besides his two well-known books, the Introduction to the Devout Life and A Treatise on the Love of God, he wrote many pamphlets and carried on a vast correspondence. For his writings, he has been named patron of the Catholic Press. His writings, filled with his characteristic gentle spirit, are addressed to lay people. He wants to make them understand that they too are called to be saints.

As he wrote in The Introduction to the Devout Life: *"It is an error, or rather a heresy, to say devotion is incompatible with the life of a soldier, a tradesman, a prince, or a married woman.... It has happened that many have lost perfection in the desert who had preserved it in the world."*

In spite of his busy and comparatively short life, he had time to collaborate with another saint, Jane Frances de Chantal, in the work of establishing the Sisters of the Visitation. These women were to practice the virtues exemplified in Mary's visit to Elizabeth: humility, piety, and mutual charity. They at first engaged to a limited degree in works of mercy for the poor and the sick. Today, while some communities conduct schools, others live a strictly contemplative life.

### Reflection

Saint Francis de Sales took seriously the words of Christ, *"Learn of me for I am meek and humble of heart."* As he said himself, it took him 20 years to conquer his quick temper, but no one ever suspected he had such a problem, so overflowing with good nature and kindness was his usual manner of acting. His perennial meekness and sunny disposition won for him the title of "Gentleman Saint."

<https://www.franciscanmedia.org/saint-of-the-day/saint-francis-de-sales/>



New Beginnings ministers to those who have suffered a loss through separation, divorce or bereavement.

Share discussions with others in a safe, welcoming and non-judgmental online forum.

**Topic:** January Grief: new promises, new possibilities

**Moderator:** Arcangelo Limanni, MRE, MACP, RP  
(Qualifying)

### Online Drop-In Bereavement

#### Support Session

**Date:** January 28, 2026 @ 7:00 pm

**Register at:** <https://nbbd0126.eventbrite.ca>

### Online Drop-In Separated/Divorced

#### Support Session

**Date:** January 29, 2026 @ 7:00 pm

**Register at:** <https://nbsdd0126.eventbrite.ca>

For more information please contact:

Arcangelo Limanni, MRE, MACP, RP (Q)  
alimanni@cfstoronto.com (647) 215-3978

Catholic Family Services of Toronto

1155 Yonge St., Suite 200

Toronto, ON M4T 1W2

(416) 921-1163

[www.cfstoronto.com](http://www.cfstoronto.com)

[Catholic Family Services of Toronto is a Catholic Charities  
Member Agency Supported by ShareLife]

## CELEBRATION OF MARRIAGE MASS with Bishop John Boissonneau February 8, 2026 | 2:30 p.m.



As part of Marriage Sunday 2026

celebrations, Bishop John Boissonneau will preside at a special Mass to honour married couples, with special recognition for those celebrating 25th, 40th, 50th, 60th and 60+ wedding anniversaries in 2026. The Mass

will take place at 2:30 p.m. on Sunday, Feb. 8, 2026 at St. Michael's Cathedral Basilica (65 Bond St., Toronto). All married couples will have an opportunity to renew their marriage commitment during the Mass.

All are welcome to attend. Reserved seating is available for couples celebrating a 25th, 40th, 50th, 60th or 60+ anniversary in 2026. Reserved seating is limited, so please register early. All other seating is on a first-come, first-served basis. Those who are unable to attend at the Cathedral are invited to join the celebration via livestream Mass.

Registration and other important information can be found at [www.archtoronto.org/marriage](http://www.archtoronto.org/marriage)



**Claudio Carreiro**  
Franchiser/Operator  
3400 Danforth Ave.  
416-699-2506



**2471 KINGSTON ROAD**



**Scarboro Subaru**

*Our Family Serving your Family since 1976*

**416-265-4411**  
2590 Eglinton Ave E  
www.ScarboroSubaru.ca

**FRECHETTE LAWN CARE**

*since 1969*

**FREE LAWN QUOTE**  
**416-261-7848**

**Danforth PHARMACY**

*Free Pickup & Delivery*  
3502 Danforth Ave (at Warden)  
**416-694-6171**

**Essential Oils - You are so WORTH it!**

*Chemical-free Lifestyle, Better Sleep, Healthier Skin  
Immune System Support, Emotional Balance*

**Get Your Premium Starter Kit Today!**

Lynda - 416-949-5710  
www.get-oiling.com



**TWO LOCATIONS**

**NORTH SHORES DENTAL**

**916 KINGSTON RD**  
**416-694-8177**



BOOK ONLINE



**CLIFFSIDE DENTAL**  
**2451 KINGSTON RD**  
**416-265-3368**

**WWW.CARINGFORYOURSMILE.CA**



**CATHOLIC CEMETERIES & FUNERAL SERVICES**

ARCHDIOCESE OF TORONTO

www.catholic-cemeteries.com

**Holy Cross Cemetery & Funeral Home 905-889-7467**  
**Christ the King Cemetery 905-471-0121**

**In keeping with your Catholic faith**

**Remember...**

Let our advertisers  
know you saw  
their ad here.



**THE PERFECT SPOT  
TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL  
905-624-4422**

**LAW OFFICE**



**Chayanika Dutta**

Barrister, Solicitor & Notary Public

2224 Kingston Road

Tel: 416-406-4529, Ext 3 Cell: 416-879-5240 chaya@duttalaw.com

**Areas of Practice**

Real Estate • Civil Litigation • Immigration - Skilled Worker & Business Class  
Family Law • Power of Attorney - Wills, Affidavits, Declaration & Notorization

**Proficient in English, Bengali, Urdu & Hindi**

