

THE PARISH OF THE IMMACULATE HEART OF MARY

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Rev. Fr. Charles Collins, Administrator

Rev. Fr. Peter Gitendran, In Residence



MASS SCHEDULE

Monday to Friday at 12.05 pm

Saturday at 9:00 am & 5:00 pm (Sunday Vigil)

Sunday at 9:00 am & 11:00 am

EUCCHARISTIC ADORATION

Every Friday at 11:00 am

FATIMA DEVOTION

Every 1st Saturday of the month
following the 9:00 am Mass

LIVESTREAM MASS [English]

www.olghtamilparish.com

Sunday at 11:00 am

CONFESSIONS

Monday to Friday at 11.30 am | Saturday at 4.30 pm

OFFICE HOURS

Monday to Thursday 10:00 am to 4:00 pm

Susan Lee, Parish Secretary/Bookkeeper

SACRAMENTAL PREPARATION

(Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator

awarford@archtoronto.org

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

ihmscarborough.svdp@gmail.com

KNIGHTS OF COLUMBUS

Selva S. 647-656-0846

LEGION OF MARY

Br. Wally Gubuan 416.267.3900

CATHOLIC WOMEN'S LEAGUE

Alice Warford 416.453.3965

OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544

Sunday Masses at 12.30 & 4.30 pm (in Tamil)

Ascending and Descending the Mountain

Every Second Sunday of Lent, the Church invites us to reflect on the account of the Transfiguration of Christ. This passage describes how Jesus went up a mountain with Peter, James and John, and was transfigured before them, revealing His divine glory. The apostles, although wanting to stay upon the mountain, are brought back down into the real world. These two movements, of ascent and descent, are critical in the lives of stewards.

Firstly, we too are invited to ascend the heights of mountain-top spiritual experiences. To ascend the mountain is to take some time away from the noise of the world to experience the glory and majesty of Christ. Sometimes this involves large mountains such as attending retreats or conferences. However, we can also ascend the mountain every time we turn to prayer and build up our relationship with God. All these moments are essential in keeping our faith alive and active.



However, this is where the second aspect of descent becomes so important. Unless we are called to live as a brother or sister in a contemplative religious order, we are not called to always remain tucked away in retreats or prayer. Instead, we are called to be strengthened through our mountain top experiences so that we will have the grace to go out into the world and spread the Gospel. This Lent, let us take some time to be nourished on the mountain so that we will be all the more ready to proclaim the Good News.

Summary

Just as the apostles were invited to ascend the mountain for the Lord's transfiguration, we too are called to ascend our own mountains. We can do this whenever we take some time away from the noise of the world so that we may experience the glory and majesty of Christ in prayer. We are then called to descend the mountain and use the grace of our mountain-top experiences to spread the Gospel in the world.

~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~

Mass Intentions FOR THE WEEK

Monday, March 17th

12:05 pm † Joseph Laki
requested by Helen Laki & children

Tuesday, March 18th

12:05 pm † Patricia McCormick
requested by Fatima Cabral

Wednesday, March 19th

12:05 pm † Doris Ward
requested by Fatima Cabral

Thursday, March 20th

12:05 pm † Remedios Estavillo
requested by the Llarenas family

Friday, March 21st

12:05 pm † Kenneth [Eson] Alfred Joseph on his 3rd death anniversary
requested by Sheryl Ambrose & family

6:30 pm

[Note: Stations of the Cross after all Masses]

Saturday, March 22nd

9:00 am † Norfelia Garcia
requested by Jeremiah Garcia

5:00 pm In thanksgiving for health – Tek Bahadurkhaddk
requested by the Mazumder family

Sunday, March 23rd – 3rd Sunday of Lent

9:00 am † Jorgina & Cristiano Medeiros
requested by Ida Medeiros & family

11:00 am For the People of the Parish

2025 OFFERTORY ENVELOPES

If you have not yet picked up your 2025 offertory envelopes, kindly ask one of the volunteers to assist you or contact the parish office.

Please discard all OLD envelopes.

We thank you for your co-operation.



STATIONS OF THE CROSS



Every Friday throughout Lent, there will be the Stations of the Cross after the 12:05 pm and 6:30 pm Masses.

Solemnity of Saint Joseph, the Spouse of the Blessed Virgin Mary

Wednesday, March 19th



Beloved father

Joseph placed himself at the service of God's plan of salvation. He cared for the Holy Family that God had entrusted to him. He became an attentive servant from the moment of the Annunciation, a provident servant in caring for Mary and the Child she carried in her womb. He defended the Family in the moment of danger. These are just a few of Saint

Joseph's traits that explain why the People of God are especially devoted to him.

Tender and loving father

Joseph taught Jesus how to walk, holding Him by the hand. Jesus saw the tenderness of God in Joseph, the Just Man. In Joseph, Jesus saw a man of faith who knew how to view life with hope because, in the midst of the storm, God remains steadfast at the helm of the course of life.

Obedient father

God's plan was revealed to Joseph through dreams. He always responded promptly: at the moment of the Annunciation of the Lord, when Herod wanted to kill the Child, when Herod died. Joseph was guided by God and he obeyed. Jesus absorbed this filial "submission" to God from Joseph. He learned obedience from His parents.

Accepting father

Joseph is presented as someone who is respectful and sensitive, capable of placing Mary's dignity and life above everything else, even above his own reputation. Joseph accepts, certain that everything is guided by God's providence. He understood that life reveals itself according to the degree to which God's plan is accepted, to the degree to which we reconcile ourselves to God's plan. This is Christian realism: to accept, to welcome God into our own personal history, to learn how to welcome and accept everyone we meet.

Creatively courageous father

In the face of difficulties, Joseph always brought out the most unexpected resources. Joseph is the man through whom God manifested His providential care from the beginning of the history of salvation. Difficulties never stopped the boldness and tenacity of this just and wise man in whom God trusted, just as He trusted in Mary. This is how we see in Joseph the Guardian of the Holy Family: first of his family in Nazareth, and today, of the Church.

Working father

Work, understood as participating in God's own work, is what Joseph carried out in his own life and what he taught Jesus. Work is important to bring to birth a new "normal", in which no one is excluded. Saint Joseph's work recalls that Jesus, the Son of God-made-Man did not disdain manual labor. Work guarantees human dignity.

Father in the shadows

As a father, Joseph introduced the Son of God to life's experiences and realities: not holding Him back, not confining Him, not possessing Him, but fostering His capacity of making choices, His freedom, eventually letting Him leave home. The logic of love is always the logic of freedom: Joseph's joy is the gift of himself. He made himself obsolete. At a certain point, he stayed in the background so that his Son could emerge.

PRAYER

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.

To you God entrusted his only Son;
in you Mary placed her trust
with you Christ became man.

Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.

Obtain for us grace, mercy and courage,
and defend us from every evil. Amen.

(Prayer from the [Apostolic Letter Patris Corde](#), written by Pope Francis)

~ taken from the Vatican News website ~

ST. JOSEPH'S TABLE

Come and celebrate a St. Joseph feast day on Wednesday, March 19th in the church hall following the 12:05 p m Mass.

Join us for a light lunch!

SVDP LENTEN FOOD DRIVE

Help feed our neighbours in need this Lenten season. The Society of St. Vincent De Paul is collecting non-perishable food items to support the Good Shepherd Ministries food bank. "A small donation can go a long way for a family or neighbour in need." Donation bins will be available in the church foyer for the duration of the drive. Most needed items are: tuna & canned meat, soup & stews, canned tomatoes & vegetables, mayonnaise & ketchup, pancake mix, tea bags & coffee beans, chickpeas, tomato sauce, jams, mustard, granola bars and bagged rice. Collection dates for the weekends of **March 29th & 30th, April 5th & 6th, April 12th & 13th.** Thank you in advance for your generosity!



ANNUAL MASS OF ST. PATRICK

Date: Monday, March 17, 2025,

Time: 10 a.m.

Location: St. Michael's Cathedral Basilica
65 Bond St., Toronto

The annual Mass of St. Patrick at St. Michael's Cathedral Basilica in Toronto will take place on Monday, March 17 at 10 a.m. His Eminence Thomas Cardinal Collins, Archbishop Emeritus of Toronto, will be the presider and homilist. All are welcome. Those unable to attend can participate in the celebration via livestream at www.stmichaelscathedral.com/live



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