#### THE PARISH OF THE IMMACULATE HEART OF MARY

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Rev. Fr. Charles Collins, Administrator Rev. Fr. Peter Gitendran, In Residence



#### MASS SCHEDULE

Monday to Friday at 12.05 pm Saturday at 9:00 am & 5:00 pm (Sunday Vigil) Sunday at 9:00 am & 11:00 am

#### **EUCHARISTIC ADORATION**

Every Friday at 11:00 am

#### **FATIMA DEVOTION**

Every 1st Saturday of the month following the 9:00 am Mass

## LIVESTREAM MASS [English] www.olghtamilparish.com

Sunday at 11:00 am

#### **CONFESSIONS**

Monday to Friday at 11.30 am | Saturday at 4.30 pm

#### **OFFICE HOURS**

Monday to Thursday 10:00 am to 4:00 pm Susan Lee, Parish Secretary/Bookkeeper

#### SACRAMENTAL PREPARATION

(Baptism, First Communion, Confirmation, RCIA)
Alice Warford, Sacramental Coordinator
<a href="mailto:awarford@archtoronto.org">awarford@archtoronto.org</a>

#### ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880 ihmscarborough.svdp@gmail.com

#### **KNIGHTS OF COLUMBUS**

Selva S. 647-656-0846

#### LEGION OF MARY

Br. Wally Gubuan 416.267.3900

#### **CATHOLIC WOMEN'S LEAGUE**

Alice Warford 416.453.3965

#### **OUR LADY OF GOOD HEALTH**

Rev Fr Charles Collins, Pastor 416.264.6544 Sunday Masses at 12.30 & 4.30 pm (in Tamil)

## Embracing our Uniqueness Jesus Reads in the Synagogue

In today's second reading, St. Paul teaches us a great lesson that can enrich our lives of stewardship. He says, "Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ." We are made up of many different body parts that each have their own important and distinct role to play in order for the entire body to live. It is the same way in the Church.



The Church is made up of many individuals who are all uniquely and wonderfully made. If we tried to change ourselves to become like someone else, we would be robbing the Church of our own unique contributions. St. Therese uses a beautiful image of a garden to express the importance of embracing who God made us to be. She says, "The splendor of the rose and the whiteness of the lily do not rob the little violet of its scent nor the daisy of its simple charm. If every tiny flower wanted to be a rose, spring would lose its loveliness."

In our lives of stewardship, these different types of flowers represent how all of us have our own unique set of gifts from God. When we recognize that we each have our own strengths, we are less likely to compare ourselves to others and we begin to rid ourselves of envy and pride. We all have a role to play in our parish communities. Let us gratefully acknowledge the unique gifts God has given us and seek ways to offer them back to the Church.

#### **Summary**

In today's second reading, St. Paul tells us that just as the body is made up of many individual parts, so too the church is made up of many individual disciples, all of which have an important role to play. We each have a unique set of gifts and talents that God has bestowed only on us. Let us gratefully acknowledge these unique gifts us and seek ways to offer them back to the Church.

 $\sim Stewardship\ Bulletin\ Reflection-Archdiocese\ of\ Toronto\sim$ 



#### Monday, January 27th

**12:05 pm †** Jeong Myung Geon & Moon Chirenia requested by Sarah Jeong

#### Tuesday, January 28th

12:05 pm † Eulalie Rosetta Mapp on her birthday remembrance requested by her son, Anthony Mapp

#### Wednesday, January 29th

**12:05 pm †** Michele Morra on his 6<sup>th</sup> year death anniversary requested by his wife, Carol

#### Thursday, January 30th

**12:05 pm** In thanksgiving & in honour of St. Raphael requested by the Ferreira family

#### Friday, January 31st

12:05 pm † John De Villiers

requested by Clergy, Staff & Parishioners of Immaculate Heart of Mary Parish

#### Saturday, February 1st – First Saturday

**9:00 am †** Alberto D. Galase, Sr. & Alberto S. Galase Jr. requested by the Galase family

5:00 pm For the People of the Parish

#### Sunday, February 2<sup>nd</sup> – The Presentation of the Lord

**9:00 am †** Jorgina Medeiros requested by Ida Medeiros & family

11:00 am † Otto Raymond Mapp on his 15<sup>th</sup> death anniversary requested by his son, Anthony Mapp

## 16TH ANNUAL DYNAMIC WOMEN OF FAITH CONFERENCE

Date: Saturday March 22, 2024

**Time:** 9:00am-4pm at the Old Mill (includes light lunch) **Closing Mass:** 

Celebrated by Most Reverend Robert Kasun CSB **Speakers:** 

- ♦ Annie Karto: Divine Mercy Flood My Soul
- ◆ Lisa Canning: Surrendering in Suffering: Discovering JOY
- ◆ Fr. Marcin Serwin OMI: Being a Priest Being a Midwife
- ♦ **Dr. Stephanie Kafie:** Totus Tuus 5 Ways to Live out "Totally Yours"

**Dorothy Pilarski:** Your Life is Going to Change **To register:** <a href="https://dwf2025.eventbrite.ca/">https://dwf2025.eventbrite.ca/</a>

#### **TIPS FOR PERSONAL PRAYER**

## Making a daily appointment with God [continued]

#### FIND YOUR HAPPY PLACE

Jesus deliberately sought solitude for personal prayer: "He was praying in a certain place" (Luke 11:1).

Everyone needs a place to pray outside of the sacred space of the church. Jesus taught his followers to pray in their homes.

But when you pray, go into your room and shut the door and pray to your Father who is in secret (Matthew 6:6).

Taking cues from Jesus, the Catechism recommends finding quiet spaces at home for personal prayer.

This can be a "prayer corner" with the Sacred Scriptures and icons, in order to be there, in secret, before our

Father (CCC, 2691).



Wherever you decide to pray, get as free as you can from distractions. Switch off the phone, radio, or TV.

#### KEEP YOUR BIBLE IN YOUR PRAYER PLACE

Prayer is conversation. We talk with God using our own words, just as we would with a friend. Yet for most of us, to hear God's words to us, we need the Word of God—the Bible. Praying with God's Word will lead you deeper into prayer.

Look up the daily Mass Scriptures at parish website, <a href="https://immaculateheartofmarysc.archtoronto.org/">https://immaculateheartofmarysc.archtoronto.org/</a>, subscribe to a magazine that includes the readings, or slowly pray through one of the Gospels. In this Jubilee of Mercy, Pope Francis recommends St. Luke's Gospel. It contains many examples of God's mercy, most notably Jesus' parable of the prodigal son and his merciful father (see Luke 15:11–32).

The Catechism recommends praying with the Psalms, as Jesus did.

The Psalms constitute the masterwork of prayer in the Old Testament ... recalling God's promises. ...

Prayed and fulfilled in Christ, the Psalms are an essential and permanent element of the prayer of the Church. They are suitable for ... every condition and time (CCC, 2596–2597).

Love of the Psalms leads many people to pray the Liturgy of the Hours (the Divine Office).

#### DIVE DEEP INTO KNOWING 'OUR FATHER'

Jesus gave us the Our Father so we could better know our Father in heaven. If you've never read the Catechism, the easiest place to start is its line-by-line meditation on the words of the Our Father, the Lord's Prayer. Find it in paragraphs 2777–2865 of the Catechism.

The Lord's Prayer reveals us to ourselves at the same time that it reveals the Father to us (CCC, 2783).

~ https://www.catholicdigest.com ~



The Church will be opened from 5pm - 7 pm, Monday to Friday for personal prayer.



New Beginnings ministers to those who have suffered a loss through separation, divorce or bereavement.

#### **Online Bereavement**

**Introductory Program** 

Date: January 29, 2025 @ 7:00 pm

Register at: https://nbbd0125.eventbrite.ca

#### Online Separated/Divorced

**Introductory Program** 

**Date:** January 30, 2025 @ 7:00 pm

**Register at:** https://nbsdd0125.eventbrite.ca

#### **Location for the above:**

Catholic Family Services of Toronto 1155 Yonge St., Suite 200 Toronto, ON M4T 1W2 (416) 921-1163

www.cfstoronto.com

#### **In-Person Grief Support Session**

Date: February 6, 2025 @ 10:00 am

**Register at:** https://nbgss0225.eventbrite.ca

**Location:** 

Archdiocese of Toronto 1155 Yonge St. 4th floor, Room 4B Toronto, ON M4T 1W2

For more information please contact: Arcangelo Limanni, MRE, MACP, RP (Q) alimanni@cfstoronto.com (647) 215-3978





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