

# **THE PARISH OF THE IMMACULATE HEART OF MARY**

131 Birchmount Road, Scarborough, ON M1N 3J7

Tel: 416.691.6968 Fax: 416.691.3947

Email: [ImmaculateHeartofMarySC@archtoronto.org](mailto:ImmaculateHeartofMarySC@archtoronto.org)

Website: [www.immaculateheartofmarysc.archtoronto.org](http://www.immaculateheartofmarysc.archtoronto.org)

**Rev. Fr. Charles Collins, Administrator**

**Rev. Fr. Peter Gitendran, In Residence**



## **MASS SCHEDULE**

Monday to Friday at 12.05 pm

Saturday at 9 am & 5 pm (Vigil)

Sunday at 9 am & 11 am

## **LIVESTREAM MASS [English]**

[www.olghtamilparish.com](http://www.olghtamilparish.com)

Monday to Friday at 12.05 pm

Sunday at 11 am

## **CONFESSIONS**

Monday to Friday at 11.30 am

Saturday at 4.30 pm

## **OFFICE HOURS**

Monday to Thursday 10 am to 4 pm

Susan Lee, Parish Secretary

## **SACRAMENTAL PREPARATION**

**(Baptism, First Communion,  
Confirmation, RCIA)**

Alice Warford, Sacramental Coordinator

[awarford@archtoronto.org](mailto:awarford@archtoronto.org)

## **ST VINCENT DE PAUL SOCIETY**

Please call 647.428.2880

[ihmScarborough.svdP@gmail.com](mailto:ihmScarborough.svdP@gmail.com)

## **KNIGHTS OF COLUMBUS**

GK Jude Aloysius 416.569.5833

## **LEGION OF MARY**

Letty Denovan 416.755.9569

## **CATHOLIC WOMEN'S LEAGUE**

Alice Warford 416.453.3965

## **OUR LADY OF GOOD HEALTH**

Rev Fr Charles Collins, Pastor 416.264.6544

Sunday Masses at 12.30 & 4.30 pm (in Tamil)

## Heeding the Call of Christ

The First Disciples of Jesus

John 1.35-42

**“Come and see.”** These are the words of invitation that Jesus says to His first disciples and that He still says to us 2000 years later. This is the call of the steward, to come and see the goodness of the Lord. Let us reflect more deeply on the figure of St. Andrew in this episode and seek ways to imitate him.

Firstly, when Jesus invited him, it says that Andrew obeyed and “came and saw.” He readily and wholeheartedly heeded the call of Christ. After his encounter with Christ, his life was profoundly changed and he left everything to follow Him. Once we encounter the love and goodness of God, we too can no longer hold onto our past lives. Let us strive to continue to journey with God, going ever more deeper into His love. If we have not yet personally encountered Christ, let us remember that Christ longs for us to be with Him so it is never too late to turn to Him.



Moreover, upon meeting Christ, Andrew did not keep his new found joy to himself, but instead runs to tell his brother Simon. He brings Simon to Jesus which leads to Simon’s call to follow Christ and is where he receives the name Peter. True stewardship leads to evangelization. Once we’ve experienced the joy of the Gospel, we too should seek to bring others into this joy. Perhaps one act we can do this week is invite a friend to Mass or a parish event so that they too can begin to “come and see” the Lord.

### Summary

In the Gospel today, after Andrew’s encounter with Christ, his life was profoundly changed and he left everything to follow Him. Moreover, upon meeting Christ Andrew did not keep his new found joy to himself, but instead runs to tell his brother Simon. As stewards, let us constantly seek to go deeper in our relationship with Christ and strive to invite others to the parish so that they too may “come and see” the goodness of the Lord

~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~



## Mass Intentions

Monday	Jan. 15	12:05 pm	† Jeffrey Burden on his 5 <sup>th</sup> death anniversary, requested by Maria Bautista
Tuesday	Jan. 16	12:05 pm	
Wednesday	Jan. 17	12:05 pm	In thanksgiving & intentions of Leonila De Lara on her 80th birthday, requested by Amor Ignacio
Thursday	Jan. 18	12:05 pm	
Friday	Jan. 19	12:05 pm	
Saturday	Jan. 20	9:00 am	Birthday intentions for Nereza Frias, requested by Sonia Javier
		5:00 pm	† Macaria Olarve, requested by the Sulay Family
Sunday	Jan. 21	9:00 am	† Epemaca Sulay, requested by the Sulay Family
		11:00 am	For the People of the PRISH



### OFFICE OF VOCATIONS ARCHDIOCESE OF TORONTO Serra’s ‘Vocation Seeds’

A good vocation prayer to say every day - from the time we are young until we are in our golden years - is found in today’s first Scripture reading: “*Speak Lord, for your servant is listening*”. Just try it with sincerity, starting today and, if you think God is calling you to be a priest, religious, or permanent deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org)

### 2024 OFFERTORY ENVELOPES

Will be available for pick up after all Masses or at the parish office.

#### Tips:

- ◆ Ensure that the box of offertory has your correct name and address.
  - ◆ **Prior to using the 2024 envelopes,** please **DISCARD** all 2023 and previous years envelopes to ensure accurate recording in the parish system.
  - ◆ Fill out all information on the first FOUR envelopes that you use including your telephone #. **Please print clearly.**
- We thank you for your support and co-operation!



## 10 SIMPLE SPIRITUAL RESOLUTIONS FOR THE NEW YEAR

by Fr. Edward Looney

Continued .....

### 6. Read a spiritual book

There are many books written by Catholic authors available for you to deepen your knowledge of Jesus, Mary, the Church, the saints, and other topics relevant to Christian living. Check out the catalogues for the prominent Catholic publishers such as [Twenty-Third Publications](#), [Ave Maria Press](#), [Our Sunday Visitor](#), [Sophia Institute Press](#), [Tan Books](#), and [Ignatius Press](#). Decide to read one book this year that will benefit your spiritual life. For me, I've decided to read books about saintly priests, so that I can be inspired by their example to strive for holiness as I serve God and his people as a priest.

### 7. Read or pray with the Bible

There are different apps and books that could help you read the entire Bible. Or, maybe choose to read a certain section of the Bible and expand your selection once you completed your goal. Read the Gospels, or the letters of St. Paul, or the prophetic writings. Come to a greater knowledge of the word of God. And while you are at it, you can pray with the Bible, through a process called *lectio divina*, in which one reads a passage and spends a few moments meditating on a word or phrase, or engaging one's imagination with the Scripture passage. Through this prayer, God speaks in a deeper way to our souls about the Scripture contemplated.

### 8. Go on a pilgrimage

We are all on a pilgrimage in this life as we journey toward the kingdom of heaven. For Christians throughout time, one of the most coveted places to go on a pilgrimage was to the Holy Land. But, there has always been a custom to make pilgrimages to shrines of the Blessed Mother (such as Marian apparition sites, or shrines erected out of the people's devotion), or the saints. There are many shrines in the United States, and even more in other countries throughout the world! If you are able, decide to go and pray at a shrine, either locally or internationally.

### 9. Choose a saintly intercessor

Catholic author [Jen Fulwiler](#) has a saint generator to help you to choose a patron saint for the new year. It's a custom that even St. Faustina did. Choose a saint, whose intercession you wish to implore throughout the year. Maybe even read a book about them. If you need help choosing one, let the saint generator help you: [SaintsNameGenerator.com](#).

### 10. End your day with an Examen

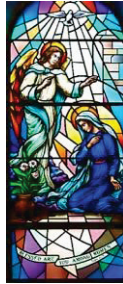
We often do an examination of conscience before we celebrate the sacrament of Penance and Reconciliation. But, what if every day you did an Examen? It's not just identifying our faults, but also calling to mind how God was with you throughout the day, where you received his grace, and how you could respond to grace better tomorrow. Just as we begin our day offering it to God, it's just as good to end our day asking, "How did I live for God today?"

## LIVESTREAM MASS

UPDATE

Effective January 2, 2024, Masses will no longer be livestreamed during the week except on Sundays at the 11:00 am Mass.

## Stained Glass Preservation



We are in great need of donations for the preservation of the Stained Glass windows which has been completed. Special envelopes are available at the front & side entrances of the church. Kindly contact the parish office if you are interested in donating to one of the windows for a special intention **or** in memory of a loved one. Families or individual ministries are also invited to take part in this fundraising project.

Cost: Top - \$5,500; Bottom - \$1,700

Your support is greatly appreciated!

## PARISH REGISTRATION FORMS

New Parishioners are welcome!

Registration forms are available, for your convenience, in the literature rack in the foyer of the church **or** you can visit the parish office **or** visit our parish website for a downloadable form at the following link:

<https://immaculateheartofmarysc.archtoronto.org/en/parish-life/downloadable-forms/>. All completed forms can be placed in the collection basket or dropped off at the parish office.

## LINK

Link, <https://www.archtoronto.org/>, to the following topics by the Most. Rev. Francis Leo or visit or visit our parish website at <https://immaculateheartofmarysc.archtoronto.org/>

1. Christmas Message video
2. Pastoral letter [downloadable]: 'Seeking The Kingdom of God Above and Beyond All Other Things'



## 15TH ANNUAL DYNAMIC WOMEN OF FAITH CONFERENCE

**DATE:** Saturday March 23, 2024

**TIME & PLACE:** 9:00am-4pm at the Old Mill (includes light lunch)

Opening Mass celebrated by His Eminence Cardinal Collins  
**Speakers:**

Kathleen Beckman: A Family Guide to Spiritual Warfare

Carissa Douglas: Becoming a Co-creator with God

Anna Boyagoda: Creating a Space for Prayer

Special Guest Speaker: Tammy Peterson

(wife of Dr. Jordan Peterson)

Dorothy Pilarski: Starting a Catholic Moms Group

**TO REGISTER:** visit [www.dynamicwomenfaith.com](http://www.dynamicwomenfaith.com)

**SWISS CHALET**  
 ROTISSERIE & GRILL



**Claudio Carreiro**  
 Franchiser/Operator  
 3400 Danforth Ave.  
 416-699-2506

Rod & Joe's  

**nofrills**  
 lower food prices™

**2471 KINGSTON ROAD**

IT'S  

**WISE to ADVERTISE!**

**FRECHETTE LAWN CARE**  
 since 1969  
 FREE LAWN QUOTE  
**416-261-7848**

**B** PREGNANT?  
 NEED HELP?  
 Call Birthright  
 Helpline 1-800-550-4900  
 Toronto 416-469-1111  
 www.birthright.org

**SALES REPRESENTATIVE WANTED**

Liturgical Publications, your weekly bulletin printer has an opening for a **full time Sales Representative**.  
*Base Salary • Commission • Car Allowance • Travel Expenses*  
 If you have a drive to succeed and are self-motivated, email your resume to [salesrep@parishbulletins.com](mailto:salesrep@parishbulletins.com)

**Remember...**  
 Let our advertisers know you saw their ad here.



 **CATHOLIC CEMETERIES & FUNERAL SERVICES**  
 ARCHDIOCESE OF TORONTO  
[www.catholic-cemeteries.com](http://www.catholic-cemeteries.com)  
 Holy Cross Cemetery & Funeral Home 905-889-7467  
 Christ the King Cemetery 905-471-0121  
 In keeping with your Catholic faith

**Essential Oils - You are so WORTH it!**  
 Chemical-free Lifestyle, Better Sleep, Healthier Skin  
 Immune System Support, Emotional Balance



**Get Your Premium Starter Kit Today!**  
 Lynda - 416-949-5710  
[www.get-oiling.com](http://www.get-oiling.com)

**YOUNG LIVING** INDEPENDENT DISTRIBUTOR

**THE PERFECT SPOT TO ADVERTISE YOUR BUSINESS!**



**TO ADVERTISE IN THIS SPACE PLEASE CALL 905-624-4422**

Offering Complete Dental Care For Your Family!



**416-694-8177**  
 916 Kingston Rd, Toronto  
[www.northshoresdental.com](http://www.northshoresdental.com)

**416-265-3368**  
 2451 Kingston Rd, Scarborough  
[www.cliffsidedental.ca](http://www.cliffsidedental.ca)

**2 Locations to serve you**

Call **905-624-4422** for this space