THE PARISH OF THE IMMACULATE HEART OF MARY

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Email: ImmaculateHeartofMarySC@archtoronto.org Website: www.immaculateheartofmarysc.archtoronto.org

> Rev. Fr. Charles Collins, Administrator Rev. Fr. Peter Gitendran, In Residence



MASS SCHEDULE

Monday to Friday at 12.05 pm Saturday at 9 am & 5 pm (Vigil) Sunday at 9 am & 11 am

LIVESTREAM MASS [English] www.olghtamilparish.com

Monday to Friday at 12.05 pm Sunday at 11 am

CONFESSIONS

Monday to Friday at 11.30 am Saturday at 4.30 pm

OFFICE HOURS

Monday to Thursday 10 am to 4 pm Susan Lee, Parish Secretary

SACRAMENTAL PREPARATION (Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator awarford@archtoronto.org

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880 ihmscarborough.svdp@gmail.com

KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

LEGION OF MARY

Letty Denovan 416.755.9569

CATHOLIC WOMEN'S LEAGUE

Alice Warford 416.453.3965

OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544 Sunday Masses at 12.30 & 4.30 pm (in Tamil)

THREE PILLARS OF LENTEN OBSERVANCE

PRAYER:

We must give more time to prayer during Lent to draw us closer to the Lord.

Examples – Pray daily upon rising and before retiring, pray the daily Rosary, pray the stations of the Cross at home or attend station of the Cross at Church, go to Mass daily, read Scripture prayerfully, read a spiritual book or the life of a Saint, etc.

FASTING

- ♦ Fasting is more than a means of developing self-control. It is often an aid to prayer, as the pangs of hunger remind us of our hunger for God. Fasting without changing our behavior is not pleasing to God.
- ♦ Fasting can help us realize the suffering that so many people in our world experience every day, and it should lead us to greater efforts to alleviate that suffering.
- ♦ Abstaining from meat traditionally also linked us to the poor, who could seldom afford meat for their meals. It can do the same today if we remember the purpose of abstinence and embrace it as a spiritual link to those whose diets are sparse and simple. That should be the goal we set for ourselves—a sparse and simple meal. [Avoiding meat while eating lobster misses the whole point!] *Examples* − Cut down on T.V., video games; reduce the time you spend on the computer; give up sweet, chewing gum, junk food & snacking between meals; eat food that is good for you; Penance visit or call that someone you have been neglecting; help prepare supper, set the table, wash the dishes; etc.

ALMSGIVING

Works of charity is a sign of our care for those in need and an expression of our gratitude for all that God has given to us.

Examples – Make a donation to the St. Vincent de Paul poor box or to your favorite charity, visit the sick, do a favour for your neighbour, do something special for your family, do something nice without expecting to be thanked for it, stop for someone who may need you help, clean up your own mess in the kitchen, open or hold the door for someone, etc.

STATIONS OF THE CROSS



Every Friday throughout Lent, there will be Mass & Stations of the Cross at 6:00 pm. Join us!



This week
The Sanctuary Lamp
is dedicated for
The deceased members of
the Estrella family





Mon.	Mar. 13	12:05 pm	In thanksgiving & for the intentions of Judith Hipolito on her birthday, requested by Jesus Hipolito
Tue.	Mar. 14	12:05 pm	† Patricia McCormick, requested by Fatima Cabral
Wed.	Mar.15	12:05 pm	
Thur.	Mar. 16	12:05 pm	† Ricky Simone, requested by Mary, Nancy, Dylan Simone
Fri.	Mar. 17	12:05 pm	St. Patrick, Bishop † Genadio Ferreira, requested by Fatima Cabral
		6:00 pm [Mass & Stations of the Cross]	
Sat.	Mar. 18	9:00 am	St. Cyril of Jerusalem, Bishop & Doctor of the Church † Charito Cabantac on her death anniversary, requested by Eric, Maricel Nilo & family
		5:00 pm	For the People of the Parish
Sun.	Mar. 19	9:00 am	4th Sunday of Lent † Doris Ward, requested by Fatima Cabral
		11:00 am	↑ Remedios Estavillo, requested by the Llarenas family

PILGRIMAGE TO THE HOLY LAND

NOV. 26 - DEC 4 2023



Of you're interested or need more information, you are invited to an orientation on Thursday, March 30th @ 7 pm in the parish hall.

Society of St. Vincent de Paul LENTEN FOOD DRIVE

Help feed our neighbours in need this Easter.

The Society of St. Vincent De Paul is collecting non-perishable food items to support the Good Shepherd Ministries food bank. "A small donation can go a long way for a family or neighbour in need." Donation bins will be available in the church foyer for the duration of the drive. Most needed items are: mayonnaise, mustard, cereal, granola bars, individual juice boxes, peanut butter and jam. Collection dates for the weekends of March 18 & 19, 25 & 26 April 1 & 2.

Thank you in advance for your generosity!

Cardinal Collins will preside at the noon Mass at St. Michael's Cathedral on Sunday, March 19th, 2023. This will be his final Sunday Mass as Archbishop of Toronto.

Let us give thanks for Cardinal Collins and for his faithful service to the Church and keep him in our prayers as well.



MASS OF CELEBRATION TO WELCOME ARCHBISHOP FRANCIS (FRANK) LEO

The installation of Bishop Francis (Frank) Leo as Archbishop of Toronto will take place on **Saturday**, **March 25**, **2023 at 10 a.m.**



Given capacity restrictions at St. Michael's Cathedral Basilica, this will be an invitation-only event. The Mass of Installation will be livestreamed through www.stmichaelscathedral.com/live and broadcast on Salt & Light Catholic TV and through their website: www.slmedia.org.

Parishioners are invited to attend

a regional Mass of Welcome taking place in the **Eastern Region on Wednesday, April 26, 2023 - St. Isaac Jogues Parish, Pickering at 7 p.m.** A reception will follow Mass in the parish hall. All are welcome. Please continue to keep Archbishop Leo in your prayers as he begins his ministry as our shepherd.

2023 OFFERTORY ENVELOPES



For 2023, all offertory envelopes box numbers will be **reassigned**. Please contact the parish office to pick up your NEW box of

envelopes. Thank you for supporting the parish!

CELEBRATING THE FEAST OF ST. JOSEPH

From the very beginning, New France (Canada) had



placed St. Joseph in a position of honor for the new country. At the time, the feast day of St Joseph, on March 19, had just been made mandatory for the whole Church in 1621 under Pope Gregory XV.

There was a new sense of appreciation and vigor for devotion to St. Joseph, as was made evident by the Canadian missionaries. It was the missionary Joseph Le Caron who chose St Joseph as the Patron Saint of New France (Canada.) Le Caron wrote of the Huron Indians and the difficulties of the work of evangelization. He noted on March 19, 1624: "We held a great feast in honor of St Joseph where all the inhabitants were included, several wild. This feast was held as a vow we made to St. Joseph, choosing him as Patron of New France."

In 1637, Father Le Jeune wrote that "the feast of the glorious Patriarch St. Joseph, father, patron and protector of New France, is one of the great solemnities of the country." It was under his patronage that was accomplished the evangelization of the Indians and Joseph's name was given to the majority of new converts. The custom of bestowing the name of Joseph, either as first or middle name, was quickly established in New France, and continues to this day among many French-Canadian Roman Catholics.

Many chapels and churches of Canada are dedicated to him, the oldest being in the territory of the Diocese of Saint-Jean-Longueuil. It is the parish of Saint-Joseph-de-Chambly whose canonical dates back to 1665. The largest shrine in the world dedicated to St Joseph is on Mount Royal in Montreal, St Joseph's Oratory, which is also the final resting place of the body of St André Bessette.

Please join us **on Monday March 20**th **for Mass at 12:05pm**, followed by a light luncheon in the hall to celebrate the Feast of St. Joseph, the Principal Patron of Canada and the Patron of the Universal Church.

Donation of food for the luncheon would be greatly appreciated. Please contact the parish office either by phone [416-691-6968] OR via email [immaculateheartofmarysc@archtoronto.org] to let us know what you could bring before March 15th.

Let's celebrate

this special feast day together! **St. Joseph, pray for us!**





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