THE PARISH OF THE IMMACULATE HEART OF MARY

131 Birchmount Road, Scarborough, ON M1N 3J7 Tel: 416.691.6968 Fax: 416.691.3947

Email: ImmaculateHeartofMarySC@archtoronto.org Website: www.immaculateheartofmarysc.archtoronto.org

> Rev. Fr. Charles Collins, Administrator Rev. Fr. Peter Gitendran, In Residence



MASS SCHEDULE

Monday to Friday at 12.05 pm Saturday at 9 am & 5 pm (Vigil) Sunday at 9 am & 11 am

LIVESTREAM MASS [English] www.olghtamilparish.com

Monday to Friday at 12.05 pm Sunday at 11 am

CONFESSIONS

Monday to Friday at 11.30 am Saturday at 4.30 pm

OFFICE HOURS

Monday to Thursday 10 am to 4 pm Susan Lee, Parish Secretary

SACRAMENTAL PREPARATION (Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator awarford@archtoronto.org

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880 ihmscarborough.svdp@gmail.com

KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

LEGION OF MARY

Letty Denovan 416.755.9569

CATHOLIC WOMEN'S LEAGUE

Alice Warford 416.453.3965

OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544 Sunday Masses at 12.30 & 4.30 pm (in Tamil)



Wednesday, Feb 22nd

Mass will be celebrated with
the imposition of ashes at:

• 9:45 am [School Mass]

• 12:05 pm and

• 6:30 pm

Join us!

What is ASH WEDNESDAY?

Ash Wednesday marks the beginning of the Season of Lent which is the period of FORTY days preceding Easter, not counting Sundays. Sundays are always a day of Celebration of the Christian Church.

What are the ASHES?

- They are made from the blessed palms used in the Palm Sunday celebration of the previous year.
- They are blessed and sprinkled with Holy Water and are scented by exposure to incense before distribution.
- They are also a reminder that God is gracious and merciful and this is of great importance during the season of Lent when we turn to Him to ask for forgiveness by frequently making use of the Sacrament of Reconciliation Confession.
- Ashes are an ancient symbol of repentance (sackcloth and ashes).
- Ashes are applied to our forehead in the sign of the cross which identifies you as a disciple of Jesus Christ. The words, "Remember, you are dust and to dust you shall return" OR "Turn away from sin and be faithful to the Gospel" emphasizes our call to continual conversion and holiness of life.

How long should we wear these Ashes?

It is good to wear your ashes for the remainder of the day:

- 1. As a reminder of your own mortality.
- 2. As witness before those around that we are a follower of Christ and are entering into a season of examination and abstinence.

[Note: There is no specific instruction on how long ashes are to be worn. You can, in fact, wash them off immediately after the service if you want.]

Why does the Church gives us Lent?

Lent as a time to change, to become a better version of ourselves, and to become more like Jesus.

What is Lent?

Lent is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption i.e. salvation – deliverance from sin & death.

When does Lent end?

Lent officially ends on Holy Thursday.

What are the disciplines of Lent?

They are prayer, fasting, and almsgiving which help us prepare for Christ's victory on Easter.

FASTING & ABSTINENCE

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

Fasting: For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal

Abstinence: The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

STATIONS OF THE CROSS



Every Friday throughout Lent, there will be Mass & Stations of the Cross at 6:00 pm. Join us!



The office will be closed on Monday, February 20th, Family Day. Mass will be as usual i.e. 12:05 pm





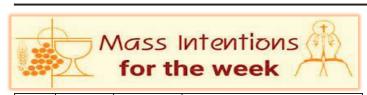
Confirmation classes starts on Saturday, February 25th at 3:45 p.m.

CAN'T FIND YOUR 2023 OFFERTORY ENVELOPES?



For 2023, all offertory envelopes box numbers will be **reassigned**. Please contact the parish office to pick up your NEW box of

envelopes. Thank you for supporting the parish!



Mon.	Feb. 20	12:05 pm	† Silvina Estrella, requested by the Cabral family
Tue.	Feb. 21	12:05 pm	St. Peter Damian, Bishop & Doctor of the Church
Wed.	Feb. 22	9:45 am	Intentions of the Immaculate Heart of Mary School
		12:05 pm	† Lilian Ali, requested by Elizabeth & Arthur Robinson
		6:30 pm	
Thur.	Feb. 23	12:05 pm	St. Polycarp, Bishop & Martyr In thanksgiving & intentions of Kevan Repesinghe on his birthday, requested by Shanika
Fri.	Feb. 24	12:05 pm 6:00 pm	† George Pt, requested by Shinto George
Sat.	Feb. 25	9:00 am 5:00 pm	† Lena D'Agnello, requested by D'Agnello family For the People of the Parish
Sun.	Feb. 26	9:00 am	Ist Sunday of Lent In thanksgiving & for the intentions of Paolo & Maria Sulay on her birthday, requested by the Sulay family
		11:00 am	† Filomena Pennacchio on her 1 st death anniversary, requested by her daughter, Maria Pennacchio

OFFERTORY ENVELOPES TIPS & INFO

Offertory envelopes:

• Discard all OLD envelopes and use 2023 ONLY

Visitor's envelope:

• Please fill out all information when using these envelopes

Alternative ways of giving:

- Pre-authorize giving [P.A.G.]
- Visit our parish website,

immaculateheartofmarysc@archtoronto.org and click the 'DONATE' button on the top right corner and follow the instructions.



thank you for your contributions to the Society of St. Vincent de Paul this past year. For our 2022 Christmas Outreach, we received \$4,480 in donations as well as toys for the families we helped. Together

with the CWL, we were able to help 18 families (30 adults and 37 children) and 52 single adults in our community.

Again, thank you for your continued support throughout the year as it greatly assists our neighbours who need it the most!

OUR PARISH FUNDRAISER



We have ONLY 15 mugs left!
Please help us reach our goal.
Mugs are \$10 each.
Please contact the parish office.

Thank you for your support!

TURKEY AND SYRIA EARTHQUAKE HUMANITARIAN RELIEF

7wo devastating earthquakes and hundreds of violent aftershocks in Turkey and Syria have caused great destruction in both countries. As search and rescue operations continue, the latest reports indicate that there are more than 40,000 people injured and the rising death toll has now surpassed 11,000 people.

The Archdiocese of Toronto will accept donations and channel funds through Catholic partners (including Caritas Canada, Aid to the Church in Need, CNEWA, and Jesuits International) to support relief efforts underway.

Those wishing to help may do so in the following ways:

- ♦ Online through the Archdiocese of Toronto website
- https://www.archtoronto.org/en/contactus/donations/donate-pages/donate-to-turkiye-andsyria-relief/
- ♦ By phone through the Development Office 416-934-3411
- ♦ Through the parish, making cheques payable to: Name of Parish – Turkey and Syria Earthquake – Humanitarian Relief

Please continue to pray for those who have died and for those displaced because of this tragic disaster in both Turkey and Syria.





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