

# THE PARISH OF THE IMMACULATE HEART OF MARY

131 Birchmount Road, Scarborough, ON M1N 3J7

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Website: [www.immaculateheartofmarysc.archtoronto.org](http://www.immaculateheartofmarysc.archtoronto.org)

**Rev. Fr. Charles Collins, Administrator**

**Rev. Fr. Peter Gitendran, In Residence**



## MASS SCHEDULE

Monday to Friday at 12.05 pm

Saturday at 9 am & 5 pm (Vigil)

Sunday at 9 am & 11 am

## LIVESTREAM MASS [English]

[www.olghtamilparish.com](http://www.olghtamilparish.com)

Monday to Friday at 12.05 pm

Sunday at 11 am

## CONFESSIONS

Monday to Friday at 11.30 am

Saturday at 4.30 pm

## OFFICE HOURS

Monday to Thursday 10 am to 4 pm

Susan Lee, Parish Secretary

## SACRAMENTAL PREPARATION

(Baptism, First Communion,  
Confirmation, RCIA)

Alice Warford, Sacramental Coordinator

[awarford@archtoronto.org](mailto:awarford@archtoronto.org)

## ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

[ihmScarborough.svdP@gmail.com](mailto:ihmScarborough.svdP@gmail.com)

## KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

## LEGION OF MARY

Letty Denovan 416.755.9569

## CATHOLIC WOMEN'S LEAGUE

Alice Warford 416.453.3965

## OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544

Sunday Masses at 12.30 & 4.30 pm (in Tamil)

# Reflection

*(Psalm 119)*  
**BLESSED ARE THEY WHO  
 FOLLOW THE LAW  
 OF THE LORD**

Today the Responsorial Psalm tells us to *“Blessed are they who follow the law of the Lord”*. St. Francis de Sales elaborates on this intention:

**How do we “follow the law of the LORD” so as to live well?** First, we must purify all our intentions as far as we can. We must make a firm purpose to use the day well for the intention of living as best we can in conformity with God’s ways. Anticipate what tasks, transactions and occasions for serving God you may meet today. What temptations will you be exposed to, such as anger, self-centered love, or some other irregularities? Carefully prepare yourself to avoid, resist, and overcome whatever might hinder you from authentically living Jesus.

To follow the law of the Lord, first make a holy resolution to grow in the love Jesus exemplified. To prepare yourself to put this resolution into practice, ask our Savior to help you make the best use of the means available to you to grow in holy love, and serve Him. Admit that you alone cannot carry out your decision to avoid evil and do the good that God desires of you. Hold your heart in your hands and offer it with your good desires to Our Savior. Ask Him to take your heart under His protection and strengthen it so to grow in His authentic love.

To follow the law of the Lord, train yourself to pray. Receive the sacraments often. As you perform the important tasks of your vocation, never forget to practice humility, gentleness, patience, and simplicity, virtues that grow like flowers at the foot of the Cross.

As you care for your family with all the diligence required, bring these souls to love God by infusing good inspirations into their hearts. Great opportunities to serve God rarely present themselves but little ones are frequent. As you carry out your responsibilities so that they give glory to God, all your activities, even eating, drinking, sleeping or recreation, will be done in the name of God, who leads you to authentic wholeness through Jesus Christ.

~ taken from <https://oblates.squarespace.com/salesian> ~



## Mass Intentions for the week

Mon.	Feb. 13	12:05 pm	† Arcely Briones on her birthday remembrance, requested by the Briones & Patacsil families
Tue.	Feb. 14	12:05 pm	<u>Sts. Cyril, Monk &amp; Methodius, Bishop</u> † Carmelita Butong, requested by Tina Reyes
Wed.	Feb. 15	12:05pm	
Thur.	Feb. 16	12:05 pm	
Fri.	Feb. 17	12:05 pm	† Ofelia de Castro Lim, requested by Letty Denovan
Sat.	Feb. 18	9:00 am	Healing & intentions of Ester Onate, requested by Sonia Javier
		5:00 pm	† Edgardo de Castro, requested by Letty Denovan
Sun.	Feb. 19	9:00 am	<b>7th Sunday in Ordinary Time</b> For the Protection of Unborn Children, requested by the Masses for Life Project
		11:00 am	† Jose Torres Sr. on his birthday remembrance, requested by Tess Fernandez

## Stained Glass Preservation

We are still accepting donations for the preservation of the Stained Glass windows which has now been completed.

Kindly contact the parish office for more information:

- If you are interested in donating to one of the windows for a special intention **or** in memory of a loved one.
- If you would like to make a donation.

**Thank you for supporting the parish in this project!**

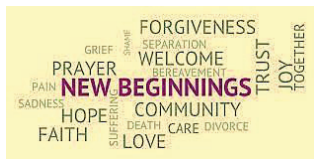


## CAN'T FIND YOUR 2023 OFFERTORY ENVELOPES .....?



For 2023, all offertory envelopes box numbers will be **reassigned**. Please contact the parish office to pick up your NEW box of envelopes. Thank you for supporting the parish!





New Beginnings ministers to those who have suffered a loss through separation, divorce or bereavement.

The **Online Bereavement** and **Separated/Divorced** Introductory Programs offer both women and men a learning environment which is safe, welcoming and non-judgmental. The programs provides 4 weeks of psycho-education, which assist and accompany the bereaved and the separated/divorced in exploring grief, experiencing healing and renewing faith. The programs resources include PowerPoint and time will be allocated for group discussion.



### ONLINE BEREAVEMENT INTRODUCTORY PROGRAM

**Date:** February 15, 2023 @ 7:00 pm

**Register at:** <https://nbb0223.eventbrite.ca>

### ONLINE SEPARATED/DIVORCED INTRODUCTORY PROGRAM

**Date:** February 16, 2023 @ 7:00 pm

**Register at:** <https://nbsd0223.eventbrite.ca>

**For more information please contact:**

Arcangelo Limanni, MRE [alimanni@cfstoronto.com](mailto:alimanni@cfstoronto.com)

**Tel. #:** (647) 215-3978

## WRESTLING WITH GOD AND WITH LOVE

*Resistance and Surrender  
Within Our Spiritual Journey*

**Date:** Friday, March 3<sup>rd</sup> – Sunday, March 5<sup>th</sup>

**Speaker:** Father Ron Rolheiser

*For more information, contact:*

**Tel. #:** Queen of Apostles Renewal Centre 905-278-5229

**Email:** [office@qoa.ca](mailto:office@qoa.ca)

## TIPS & INFO

### Offertory envelopes:

- Discard all OLD envelopes and use 2023 ONLY

### Visitor's envelope:

- Please fill out all information when using these envelopes

### Alternative ways of giving:

- Pre-authorize giving [P.A.G.]
- Visit our parish website,

[immaculateheartofmarysc@archtoronto.org](mailto:immaculateheartofmarysc@archtoronto.org) and click the 'DONATE' button on the top right corner and follow the instructions.



Mass will be celebrated with the imposition of ashes at:  
 ♦ 9:45 am [School Mass]  
 ♦ 12:05 pm and 6:30 pm  
**Join us!**

### St. Augustine's Seminary Lay Formation Program

## LENTE RETREAT:

## A Spirituality for Catholic Teachers

Saturday, March 4 – 9:30 a.m. to 3 p.m.

IN-PERSON/VIRTUAL EVENT

RUN BY ST. AUGUSTINE'S SEMINARY

On collaboration with the Archdiocese of Toronto's St. Monica Institute and the Toronto Catholic Teachers' Guild, we are pleased to offer a Lenten retreat day that will draw us into the important work of education with presenter Deacon Doug McManaman, Chaplain of the Toronto chapter of the Catholic Teachers' Guild. A spirituality for Catholic teachers certainly speaks most directly to those who work within the more formal community of Catholic education, but the theme of this retreat will speak to all Catholics, for all of us live and participate in the world of Catholic education, and its critical importance touches us all. We extend a warm invitation to all for this day of reflection, with a particular welcome to all Catholic teachers, administrators, support staff, and to all who work in the homeschooling community.

**COST:** In-person - \$50;

**Online** - \$20 (+ HST)

**CONTACT:** Chere MacLean/416-269-3445

[/chere.maclean@utoronto.ca](mailto:chere.maclean@utoronto.ca)

### REGISTER:

[https://staugustines.on.ca/eventslisting/layformationlente\\_nretreat2023](https://staugustines.on.ca/eventslisting/layformationlente_nretreat2023)

## LEGACY GIFTS to Any Part of the Archdiocese

If you have included your parish or favourite archdiocesan charity in your Will or estate plan, please let us know. Through the Legacy Society of the Archdiocese of Toronto, we would like to say a special thank you.

All Legacy Society members are invited to the Annual Legacy Society Lunch & Mass by the Archdiocese of Toronto. They also receive:

- A hand-crafted cross blessed by His Eminence Thomas Cardinal Collins.
- A personal letter from Cardinal Collins and a certificate acknowledging your intention.
- Invitations to Legacy Society functions and other special events.

Let your legacy be a testament of your faith! All Legacy Society members have the option of remaining anonymous. If you have any questions, please contact the Development Office at [development@archtoronto.org](mailto:development@archtoronto.org)

**OR** 416 934 3400 ext. 519.

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