THE PARISH OF THE IMMACULATE HEART OF MARY

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> Rev. Fr. Charles Collins, Administrator Rev. Fr. Peter Gitendran, In Residence



MASS SCHEDULE

Monday to Friday at 12.05 pm Saturday at 9 am & 5 pm (Vigil) Sunday at 9 am & 11 am

LIVESTREAM MASS [English] www.olghtamilparish.com

Monday to Friday at 12.05 pm Sunday at 11 am

CONFESSIONS

Monday to Friday at 11.30 am Saturday at 4.30 pm

OFFICE HOURS

Monday to Thursday 10 am to 4 pm Susan Lee, Parish Secretary

SACRAMENTAL PREPARATION (Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator awarford@archtoronto.org

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880 ihmscarborough.svdp@gmail.com

KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

LEGION OF MARY

Letty Denovan 416.755.9569

CATHOLIC WOMEN'S LEAGUE

Alice Warford 416.453.3965

OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544 Sunday Masses at 12.30 & 4.30 pm (in Tamil)

Ascending & Descending the Mountain

The Transfiguration Luke 9: 28b - 36

Every Second Sunday of Lent the Church invites us to reflect on the account of the Transfiguration of Christ. This passage describes how Jesus went up a mountain with Peter, James and John, and was transfigured before them, revealing His divine glory. The apostles, although wanting to stay upon the mountain, are brought back down into the real world. These two movements, of ascent and descent, are critical in the lives of stewards.

Firstly, we too are invited to ascend the heights of mountaintop spiritual experiences. To ascend the mountain is to take



some time away from the noise of the world to experience the glory and majesty of Christ. Sometimes this involves large mountains such as attending retreats or conferences. However, we can also ascend the mountain every time we turn to prayer and build up our relationship with God. All these moments are essential in keeping our faith alive and active.

However, this is where the second aspect of descent becomes so important. Unless we are called to live as a brother or sister in a contemplative religious order, we are not called to always remain tucked away in retreats or prayer. Instead, we are called to be strengthened through our mountain-top experiences so that we will have the grace to go out into the world and spread the Gospel. This Lent, let us take some time to be nourished on the mountain so that we will be all the more ready to proclaim the Good News.

Summary

Just as the apostles were invited to ascend the mountain for the Lord's transfiguration, we too are called to ascend our own mountains. We can do this whenever we take some time away from the noise of the world so that we may experience the glory and majesty of Christ in prayer. We are then called to descend the mountain and use the grace of our mountaintop experiences to spread the Gospel in the world.

~ Stewardship Bulletin Reflection - Archdiocese of Toronto ~

EXPOSTION & BENEDICTION OF THE BLESSED SACRAMENT



Every Friday throughout Lent, the recitation of the rosary begins at 11:15 am followed by Exposition & Benediction of the Blessed Sacrament at 11:30 am which is then followed by Mass at 12:05 pm. Join us!



Mass Intentions

Mon.	Mar. 14	12:05 pm	† Calendaria Recio, requested by Cora Buggea & family
Tue.	Mar. 15	12:05 pm	† Charito Cabantac on her death anniversary, requested by Eric Nilo & family
Wed.	Mar. 16	12:05 pm	† Joan Halloran, requested by Sandy Halloran & Tim O'Connor
Thur.	Mar. 17	12:05 pm	† Michele Morra, requested by Antonietta Morra
Fri.	Mar. 18	12:05 pm	† Ricky Simone, requested by the Simone family
Sat.	Mar. 19	9:00 am 5:00 pm	† Doris Ward, requested by Fatima Cabral In thanksgiving & for the intentions of Allison Nilo on her birthday, requested by the Nilo family
Sun.	Mar. 20	9:00 am	In thanksgiving & in honour of Jesus & Mother Mary, requested by Dominic Cordozo
		11:00 am	For the Protection of the Unborn Children, requested by the Masses for Life Project

SUPPORT OUR LENTEN **SHARELIFE APPEAL**

Live the Gospel by supporting ShareLife This year, we are encouraging you to make your donation online via the parish website or at sharelife.org.

Monthly Pre-Authorized Giving (PAG) is a convenient way to spread your ShareLife contribution throughout the year. Simply fill out the form on a ShareLife pew envelope, include a void cheque, and then give it to the parish office or drop it in the offertory basket at any time. Contact ShareLife at slife@archtoronto.org or 416-934-3411 if you have any questions about pre-authorized giving.

Parishioners who have previously supported our parish campaign are being sent a letter from Cardinal Collins. Information about how to again support our campaign is also found in the included letter from His Eminence.

ShareLife Sunday is March 27th. Thank you for supporting ShareLife!



STATIONS OF THE CROSS

Prayer at the Stations of the Cross is a great devotion, especially during Lent, because it allows us to follow Jesus along the road to Calvary. So what is so special about Jesus' crucifixion?

Well, Pope Emeritus Benedict XVI explained it this way:



"What on the outside is simply brutal violence – the Crucifixion – from within becomes an act of total self-giving love. . . . Violence is transformed into love, and death into life." This is the event of God's total self-giving. This is what is so unique.

It involved a sinless human being united to the person of the Divine Son who eternally returns all

that he is to the Father in love. He does this right here in our history. Nothing will ever be the same again. As we walk along Jesus' journey of suffering, we begin to see: we get spiritual clues to total self-giving in love from the one who has gone before us. Catholicism expresses that infinite selfless love of God.

EVERY FRIDAY <u>after</u> the 12:05 p.m. Mass & at 6:30 pm <u>followed by Mass</u>.

Please join us for the Stations of the Cross!

A LOOK AT OUR INDIVIDUAL FAITH JOURNEY WITH GOD

DATE & TIME: Monday, March 28 – 9 a.m. to 3 p.m. **PLACE:** Manresa Jesuit Spiritual Renewal Centre 2325 Liverpool Rd., Pickering

A day of reflection for men and women. This one-day retreat is about locating ourselves along our ever changing faith journey with God. Human relationships change over time, they either become more profound or they slowly diminish; likewise, our vocation as a baptized person changes over time. A teenager has a different call from God than a senior. This day will include talks given by Fr. Henk van Meijel, SJ, Reconciliation Service, confessions available and plenty of time for private prayer and to walk our grounds. Included is lunch and break. The day ends with Mass. Facilitated by Fr. Henk van Meijel, SJ. A suggested offering of \$50 per person.

REGISTER: www.manresa-canada.ca CONTACT: registration@manresa.ca

PHONE: 905-839-2864

SPIRITUS VIA LENTEN TALK "PERSEVERE THROUGH LENT"

DATE & TIME: Monday, March 21 - 7 to 9 p.m.

PLACE: St. Aidan's Parish

3501 Finch Ave. E., Scarborough

Spiritus Via invites all young adults (19-35) to join us as we have Fr. Michael Corpus speak and encourage us this Lent season. The talk will be held midway through Lent to give us that extra push we may need to persevere through our Lenten fast, prayers and almsgiving. Jesus made the ultimate sacrifice, let us continue to use this time to unite our sacrifice to His and grow in deeper relationship with Him

See you there! Bring a friend! CONTACT: Amanda Onilla

PHONE: 416-599-7676

EMAIL: spiritusvia@ocytoronto.org

HEALING AFTER ABORTION DAY OF PRAYER AND HEALING FOR WOMEN

Saturday, April 2 - 9 a.m. to 5 p.m.

The Sisters of Life are hosting a Day of Prayer and Healing for women seeking healing after abortion. The day is an opportunity to experience the loving mercy of God and the joy of healing in Christ, in a confidential and sacred space. It will include a witness of mercy, a Scripture reflection, personal prayer, opportunity for Sacramental Confession and the Holy Sacrifice of the Mass. There is no fee for the day, lunch will be provided.

Please contact The Sisters of Life for more information

about the location.

CONTACT: The Sisters of Life

PHONE: 416-463-2722

EMAIL: toronto@sistersoflife.org

WEBSITE: https://bit.ly/HopeAndHealingSOL

COME & SEE - DAY RETREAT

Saturday, March 19th: 9:00 am – 3:30 pm At St. Augustine's Seminary

Onviting single Catholic men 18 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for



their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. Register online at

www.vocationstoronto.ca/comesee

For more information, please contact (your Parish Priest) or the Office of Vocations via email:

vocations@archtoronto.org



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