THE PARISH OF THE IMMACULATE HEART OF MARY

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Email: ImmaculateHeartofMarySC@archtoronto.org Website: www.immaculateheartofmarysc.archtoronto.org

> Rev. Fr. Charles Collins, Administrator Rev. Fr. Peter Gitendran, In Residence



MASS SCHEDULE

Monday to Friday at 12.05 pm Saturday at 9 am & 5 pm (Vigil) Sunday at 9 am & 11 am

LIVESTREAM MASS [English] www.olghtamilparish.com

Monday to Friday at 12.05 pm Sunday at 11 am

CONFESSIONS

Monday to Friday at 11.30 am Saturday at 4.30 pm

OFFICE HOURS

Monday to Thursday 10 am to 4 pm Susan Lee, Parish Secretary

SACRAMENTAL PREPARATION (Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator awarford@archtoronto.org

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880 ihmscarborough.svdp@gmail.com

KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

LEGION OF MARY

Letty Denovan 416.755.9569

CATHOLIC WOMEN'S LEAGUE

Alice Warford 416.453.3965

OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544 Sunday Masses at 12.30 & 4.30 pm (in Tamil)

Giving our First Fruits this Lent The Temptation of Jesus Luke 4: 1-13

As we enter into this Season of Lent, let us reflect on how we can best use this time to grow in our relationship with God and our commitment to stewardship. In the first reading from the book of Deuteronomy, Moses instructs the people saying that when they come to give their offerings to



God, they should "bring the first of the fruit of the ground." The Lord wants our very best, not what we have leftover.

This is very true in our lives as stewards. It's definitely good to offer up our time and talents to our parish community. However, do we only

give from what we have remaining after all of our other priorities are taken care of? To serve the Gospel should always be of prime importance.

One Lenten resolution we can adopt to help us offer our "first fruits" is the practice of scheduling our time of prayer in advance. Prayer should not be an afterthought that we try to squeeze in when we have time. Instead, we should block out a chuck of time each day that is free from all other competing distractions and is reserved only for our conversation with God. Let us strive to create a scheduled prayer life this Lent, perhaps starting with 10 minutes a day. If we do so, we will see great wonders take place in our relationship with God and others.

Summary

In the first reading from the book of Deuteronomy, Moses instructs the people saying that when they come to give their offerings to God, they should "bring the first of the fruit of the ground." One Lenten resolution we can adopt to help us offer our "first fruits" is the practice of scheduling our time of prayer in advance. If we do so, we will see great wonders take place in our relationship with God and others.

~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~

COME & SEE - DAY RETREAT

Saturday, March 19th: 9:00 am – 3:30 pm At St. Augustine's Seminary

Onviting single Catholic men 18 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. Register online at www.vocationstoronto.ca/comesee



For more information, please contact (your Parish Priest) or the Office of Vocations via email: vocations@archtoronto.org



This week
The Sanctuary Lamp
is dedicated
for the repose of the soul of
Lorraine Auckland
requested by
The Wu family



Mass Intentions

Mon.	Mar. 7	12:05 pm	[Anonymous]
Tue.	Mar. 8	12:05 pm	In thanksgiving and for the intentions of Baskar Shetty on his birthday, requested by Louisa Lopez
Wed.	Mar. 9	12:05 pm	† Belinda Toledo Hipolito, requested by the Llarenas family
Thur.	Mar. 10	12:05 pm	† Antonio Pazcoguin, requested by the Hipolito family
Fri.	Mar. 11	12:05 pm	† Genadio Ferreira, requested Fatima Cabral
Sat.	Mar. 12	9:00 am	In thanksgiving & for the intentions of Liberty & Wally Gubuan on their 49th wedding anniversary, requested by Wally & Liberty
		5:00 pm	For the People of the Parish
Sun.	Mar. 13	9:00 am	In thanksgiving & for the intentions of Judith Hipolito on her birthday, requested by the Hipolito family
		11:00 am	† Ignazia & Michelangelo Drago, requested by the Drago family

SUPPORT OUR LENTEN SHARELIFE APPEAL



Our parish's ShareLife Campaign is now underway. In this time of Lent, please reflect on the great needs of our brothers and sisters who are helped through your kind support of ShareLife.

Last year, ShareLife supporters like you enabled 21,000 people to receive affordable mental health care through family service agencies across the Archdiocese of Toronto, including our community. Please give generously on ShareLife Sunday, which is March 27th.

LENT

At the beginning of Lent, the Church places us before an open doorway



and invites us to embark on a journey of spiritual growth. Like Jesus in the wilderness, we are being led by the Spirit into a forty-day period of prayer and fasting, to help us reflect on the direction our lives are taking. It's an honest and frank attempt by the Church to make us come to terms with the harsh reality of the hard slog for salvation.

Lent is a time for us to get back to basics, to replenish the soil in which our Christian faith grows by curbing our selfishness and our pride. Pampered by creature comforts, we fall into the trap of thinking that material things will bring happiness and so we spend time having our wants and wishes satisfied, the truth is otherwise.

Instead of helping us on the road to heaven, so often they turn out to be false escapes that lead us into unhappiness and frustration, raising us up for a great letdown. All of us experience these tendencies within ourselves, but the gospel states that there is more to life than the satisfaction of our appetites. In the desert, our Lord turned His back on all that stood in the way of doing His Father's will.

Lent is a time of quiet and purposeful reflection which helps us to discover the will of God. Fasting and selfdenial, backed up by prayer and almsgiving, keep us growing in friendship with God.

Let us make this Lent a time for beginning all over again by renewing our trust in Jesus who was tempted and triumphed over the evil one.

Our prayer ought to be, "Be with me Lord, when I am in temptation."

THE LIGHT OF NEWMAN IN THE DARK OF WINTER: Help for Our Lenten Journey

Date & Time: Saturday, March 12th – 9:30 a.m. to 1 p.m. [A Virtual Lenten retreat run by St. Augustine's Seminary]

Now is the time to start thinking about Lenten retreats. Join us on Saturday, March 12th as Dr. Donald Graham, Assistant Professor at St. Augustine's Seminary, leads us through a day of virtual reflection on "The Light of Newman in the Dark of Winter. Help for Our Lenten Journey." Dr. Graham has published widely on the topic of St. John Henry Newman. Don't miss this opportunity to reflect with fellow pilgrims on the journey.

COST: \$25 plus HST

CONTACT: St. Augustine's Seminary of Toronto

PHONE: 416-261-7207

EMAIL: lay.formation@staugustines.on.ca

WEBSITE: www.staugustines.on.ca

REGISTER: https://bit.ly/SeminaryLentenRetreat2022

STATIONS OF THE CROSS

What is the Stations of the Cross and why is it important to Christians?

During Lent, Catholics often undertake the Stations of the Cross. It is a walk that allows for reflection and re-enactment of Jesus' final journey, when he carried his cross to Golgotha, the place of his crucifixion.

What are the benefits of the Stations of the Cross?

The reason for praying the Stations of the Cross is to enter into the mystery of Jesus' gift of himself for us – to experience his means of transforming suffering through love. We do this "through, with, and in him," step by step, learning how this plan of love can be carried out by us today.



What can you learn from the Stations of the Cross?

Meditating on the Stations of the Cross exposes Christ's suffering heart — "sorrowful even to death" (Mk 14:34). In his condemnation to death, Christ teaches that we have the freedom to accept life's sorrows. He does not let condemnation be levied upon him, but rather he chooses it out of love.

EVERY FRIDAY, <u>after</u> the 12:05 p.m. Mass & at 6:30 pm <u>followed by Mass</u>.

Please join us for the Stations of the Cross!

Ukrainian Humanitarian Relief

Akraine has been plunged into war after the Russian military invaded the country last week, resulting in widespread violence and a looming humanitarian crisis. In response to the request of parishioners, the Archdiocese of Toronto has launched a humanitarian relief effort to help the Ukrainian people at this time.

Pope Francis has called on the faithful to pray and fast for peace in Ukraine – a donation to help Ukrainians who are suffering due to this war would be a most appreciated gift.

The Archdiocese of Toronto will channel donations to support the Office for Refugees, Archdiocese of Toronto (ORAT) and the Catholic Near East Welfare Association (CNEWA). CNEWA is a papal agency with a long history of humanitarian relief; it is currently working in Eastern Europe, providing Ukrainians with food, shelter, medicine and transportation to safe locations. ORAT is Canada's largest private Sponsorship Agreement Holder, which helps bring hundreds of newcomers to our country each year; it will use donations to bring Ukrainian refugees to Canada as soon as possible. Your donation will help Ukrainians who are beset by violence in

Your donation will help Ukrainians who are beset by violence in Eastern Europe and it will help some of them find a new home in Canada.

Those wishing to help may do so in the following ways:

- Online through the Archdiocese of Toronto website: www.archtoronto.org
- •By phone through the Development Office 416-934-3411
- •Through the parish, making cheques payable to:

Name of Parish – Ukrainian Relief – Humanitarian Relief Please continue to pray for the Ukrainian people and all those who suffer under the human tragedy of war.

Thank you for your continued assistance.



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