

THE PARISH OF THE IMMACULATE HEART OF MARY

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Website: www.immaculateheartofmarysc.archtoronto.org

Rev. Fr. Charles Collins, Administrator

Rev. Fr. Peter Gitendran, In Residence



MASS SCHEDULE

Monday to Friday at 12.05 pm

Saturday at 9 am & 5 pm (Vigil)

Sunday at 9 am & 11 am

LIVESTREAM MASS [English]

www.olghtamilparish.com

Monday to Friday at 12.05 pm

Sunday at 11 am

CONFESSIONS

Monday to Friday at 11.30 am

Saturday at 4.30 pm

OFFICE HOURS

Monday to Thursday 10 am to 4 pm

Susan Lee, Parish Secretary

SACRAMENTAL PREPARATION

**(Baptism, First Communion,
Confirmation, RCIA)**

Alice Warford, Sacramental Coordinator

awarford@archtoronto.org

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

ihmscarborough.svdp@gmail.com

KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

LEGION OF MARY

Letty Denovan 416.755.9569

CATHOLIC WOMEN'S LEAGUE

Alice Warford 416.453.3965

OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544

Sunday Masses at 12.30 & 4.30 pm (in Tamil)

Unlocking the Secret of Happiness

Judging Others

Luke 6: 39-45

“Lord, it is good to give thanks to you.” These are the words from the refrain of this Sunday’s responsorial psalm. Thanksgiving is at the core of what it means to be a steward. We cannot offer our gifts to our parish communities if we don’t first acknowledge and give thanks to God for giving us these gifts in the first place. Cardinal Collins in his *Pastoral Letter on Stewardship** says that, “deep stewardship begins with gratitude and ends with accountability ... We recognize gratefully that everything in life is a gift of God.”

Not only does gratitude unlock a spirituality of stewardship, but it is also the first step in living a life of greater joy. The opposite of gratitude is indifference. Often times we are indifferent and unaware of all the great gifts in our lives. By adopting an intentional lens of gratitude we can begin to realize how blessed we truly are.

St. Gianna Molla beautifully tells us that “the secret of happiness is to live moment by moment and to thank God for what He is sending us every day in His goodness.” Wherever we are reading this reflection, let us take a moment to thank God for three things around us. We can express our gratitude for having a roof over our heads, food in our stomachs, or the joy of family and friends. Above all, we can always be thankful for the gift of God’s love in our lives. As stewards, let us begin to adopt a spirituality of thanksgiving and begin living more joyful lives.

Summary

St. Gianna Molla beautifully tells us that “the secret of happiness is to live moment by moment and to thank God for what He is sending us every day in His goodness.” Wherever we are reading this reflection, let us take a moment to thank God for a few things around us. We can express our gratitude for having a roof over our heads, food in our stomachs, the joy of family and friends, and above all, we can always be thankful for the gift of God’s love.

* Thomas Cardinal Collins, *Pastoral Letter on Stewardship*.

Available at:

<https://www.archtoronto.org/en/offices-and-ministries/sub-sites/stewardship/home/pastoral-letter/>

~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~

COME & SEE – DAY RETREAT

Saturday, March 19th: 9:00 am – 3:30 pm

At St. Augustine’s Seminary

Inviting single Catholic men 18 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God’s call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ’s disciples as a Catholic priest. Register online at www.vocationstoronto.ca/comesee

For more information, please contact (your Parish Priest) or the Office of Vocations via email:

vocations@archtoronto.org.



**This week
The Sanctuary Lamp
is dedicated
for the repose of the soul of
Noli Abastillas
requested by
George & Gloria Miculob**



Mass Intentions

Mon.	Feb. 28	12:05 pm	In thanksgiving and for the intentions of Fred Lopez on his birthday, <i>requested by Louisa Lopez</i>
Tue.	Mar. 1	12:05 pm	† Rosario Frias, <i>requested by Nereza Frias</i>
Wed.	Mar. 2	9:30 am <i>[School Mass]</i> 12:05 pm 6:30 pm	
Thur.	Mar. 3	12:05 pm	In thanksgiving and for the intentions of Arabel Lopez on her birthday, <i>requested by Louisa Lopez</i>
1 st Fri.	Mar. 4	12:05 pm	† Ben & Betty Munoz, <i>requested by Leo & Virgie Luzano</i>
1 st Sat.	Mar. 5	9:00 am	† Emma Salvaria, <i>requested by Nereza Frias</i>
		5:00 pm	For the People of the Parish
Sun.	Mar. 6	9:00 am	† Teresa Buettner, <i>requested by Alice & Brian Warford</i>
		11:00 am	In thanksgiving and for the intentions of Meynardo Sevilla on his birthday, <i>requested by the Sevilla family</i>

MASS SCHEDULE ON ASH WEDNESDAY

English: 9:30 am; 12:05 pm and 6:30 pm

Tamil: 7:30 pm

NOTE: There will also be the distribution of the ashes on Saturday, March 5th @ 5 pm & Sunday, March 6th 9 & 11 am Masses.

STATIONS OF THE CROSS

EVERY FRIDAY, beginning March 4th **after** the 12:05 p.m. Mass & at 6:30 pm **followed by Mass**. Please join us!



“Remember that you are dust and to dust you shall return.”

This phrase comes from God’s response to Adam (Genesis 3:19). God reminds Adam of the effects of sin and of humanity’s dependence on God. Read Genesis 2:4–9, and explain that the breath of God sustains all living things. Adam and Eve turned away from God when they ate from the tree of knowledge. **When we mark our foreheads with ashes at the beginning of Lent, we are indicating that we are turning back to God.**

“Repent and believe in the Gospel.”

Wearing ashes on our foreheads is a tradition of repentance that comes from the Old Testament. There are several stories that mention ashes, but one that is easy for children to understand is the story of Jonah. When Jonah preached repentance to Nineveh, the king covered himself in sackcloth and ashes and ordered the people to do the same (Jonah 3:6–9). Ashes and scratchy clothes were a way for people to be humble before God and show that they were willing to make a big change in their lives. **We are marked with ashes for the same reason: to show that we are willing to change. The physical symbol—ashes—is for our benefit. God knows what is in our hearts; the ashes remind us to turn our hearts toward God.**

The Church gives us Lent as a time to change, to become a better version of ourselves, and to become more like Jesus. The ashes we receive on Ash Wednesday remind us of our call to repent and believe in the Gospel. The disciplines of Lent—prayer, fasting, and almsgiving—help us prepare for Christ’s victory on Easter. ~ by Darcy Osby ~

FASTING & ABSTINENCE

FASTING is the limitation of food and drink - one main meal and two smaller meals, with no solid food in between. In lieu of fasting, one may substitute works of charity.

ABSTAINING is the refraining from certain kinds of food or drink especially meat.

ASH WEDNESDAY AND GOOD FRIDAY are universal days of fast and abstinence. If you are over the age of 18 and under the age of 59, you are obliged to FAST & ABSTAIN. Abstinence from meat if you are 14 yrs. & over.

VIRTUAL ORDINANDI DINNER

Tuesday, March 1 – 7 p.m.

via <https://www.youtube.com/archtoronto>

Sponsored by the Serra Foundation of Canada and the six Serra Clubs in the Archdiocese of Toronto, the annual Ordinandi Dinner celebrates the men being ordained to the priesthood from St. Augustine’s Seminary and Redemptoris Mater Seminary.

Please join in as we gather virtually this year to celebrate nine men, who with God’s grace, will be ordained to the priesthood in 2022.

Come share this special opportunity to meet these fine men and to hear about the unique faith journeys that led them to this most noble commitment.

There is no cost to view this event.

If you would like to make a donation to help cover the costs of program and support the work our two seminaries, the Office of Vocations and Serra House, or obtain further information about this event, please visit:

<https://serracanada.com/2022-ordinandi-dinner/>

**THE LIGHT OF NEWMAN
IN THE DARK OF WINTER:
Help for Our Lenten Journey**

Date & Time: Saturday, March 12th – 9:30 a.m. to 1 p.m.
[A Virtual Lenten retreat run by St. Augustine’s Seminary]

Now is the time to start thinking about Lenten retreats. Join us on Saturday, March 12th as Dr. Donald Graham, Assistant Professor at St. Augustine’s Seminary, leads us through a day of virtual reflection on “The Light of Newman in the Dark of Winter. Help for Our Lenten Journey.” Dr. Graham has published widely on the topic of St. John Henry Newman. Don’t miss this opportunity to reflect with fellow pilgrims on the journey.

COST: \$25 plus HST

CONTACT: St. Augustine’s Seminary of Toronto

PHONE: 416-261-7207

EMAIL: lay.formation@staugustines.on.ca

WEBSITE: www.staugustines.on.ca

REGISTER: <https://bit.ly/SeminaryLentenRetreat2022>

Worldwide Marriage Encounter Experience

Friday, March 25th to Sunday, March 27th

[A Virtual Event hosted by Worldwide Marriage Encounter]

Where are you in your marriage journey? Every marriage could use a boost. Learn easy-to-use communication tools to help enhance your relationship. Our proven program will guide you through practical and private exercises to refresh your wedding vows and to spark up your romance. Based on Catholic values, but married couples of all faiths are welcome. Are you ready to rediscover each other?

CONTACT: Gerard & Marge, 905-792-1925,
gerard.marge@rogers.com

WEBSITE: wwme.org

BROCHURE FOR COUPLES:

<https://bit.ly/WWMEBrochureforCouples>

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