

THE PARISH OF THE IMMACULATE HEART OF MARY

131 BIRCHMOUNT ROAD, SCARBOROUGH, ON M1N 3J7

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www.immaculateheartofmarysc.archtoronto.org

Rev. Fr. Charles Collins, Administrator

Rev. Fr. Peter Gitendran, In Residence



MASS SCHEDULE

Monday to Friday at 12.05 pm

Saturday at 9 am & 5 pm (Vigil)

Sunday at 9 am & 11 am

CONFESSIONS

Monday to Friday at 11.30 am

Saturday at 4.30 pm

OFFICE HOURS

Monday to Thursday 10 am to 4 pm

Susan Lee, Parish Secretary

SACRAMENTAL PREPARATION

**(Baptism, First Communion,
Confirmation, RCIA)**

Alice Warford, Sacramental Coordinator

ihmsacraments@gmail.com

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

LEGION OF MARY

Letty Denovan 416.755.9569

CATHOLIC WOMEN'S LEAGUE

Alice Warford

OUR LADY OF GOOD HEALTH

Rev Fr Charles Collins, Pastor 416.264.6544

Sunday Masses at 12.30 & 4.30 pm (in Tamil)

Signing Ourselves with the Trinity

The Commissioning of the Disciples
Matthew 28.16-20

Today we celebrate the Solemnity of the Most Holy Trinity. The Catechism says that the “mystery of the Most Holy Trinity is the central mystery of Christian faith and life ... It is therefore the source of all the other mysteries of faith” (CCC 234). As Christians, we profess the mystery of the Trinity every time we make the sign of the cross, in the name of the Father, and the Son and the Holy Spirit.

The practice of signing ourselves with the cross is an ancient tradition that likely dates back to the time of the Apostles. Around the year 200, Tertullian wrote that “we Christians wear out our foreheads with the sign of the cross.” By signing ourselves, we are joining the countless saints that have gone before us. We can be a witness to the world whenever we sign ourselves in public. For example, the next time we eat in public let us strive to make the sign of the cross as we pray our grace before meals.

Additionally, often times the sign of the cross is the quickest prayer we can muster in times of great stress. St. Francis de Sales, Doctor of the Church, recommends that we “make spiritual aspirations to God by short, ardent movements of [our] hearts.” We can do this by invoking all three persons of the Trinity and marking ourselves with the cross, which is the sign of our salvation. Therefore, the next time we experience a difficult moment let us not despair but boldly make the sign of the cross. This will allow us to continually raise up our minds and hearts to the Blessed Trinity, the greatest mystery of our faith.

~ Stewardship Bulletin Reflection – Archdiocese of Toronto ~



The dispensation from the Sunday Eucharist continues. The elderly, those with compromised immune systems or other health conditions should be encouraged to exercise extreme caution about any outings, including attendance at church.



This week
The Sanctuary Lamp
is dedicated
For the repose of the soul of
Barry Barron
on the 6th month of his death
requested by
Darlene & David Barron

Mass Intentions

Mon.	May 31	12:05 pm	
Tue.	Jun. 1	12:05 pm	
Wed.	Jun. 2	12:05 pm	
Thur.	Jun. 3	12:05 pm	† Edwin Jordan on his 3 rd death anniversary, <i>requested by his sister Mariam Jordan</i>
Fri.	Jun. 4	12:05 pm	
Sat.	Jun. 5	9:00 am 5:00 pm	† Ivan Pereira, <i>requested by Juan De Souza</i>
Sun.	Jun. 6	9:00 am 11:00 am	For the People of the Parish † Pol Medina, <i>requested by Sonia Javier</i>

NOTE: Mass intentions requests from Monday to Friday will be offered during Fr. Charles' daily private Mass; and all Saturday and Sunday ones will be offered at the Sunday 9 am Livestream Mass.

CHURCH SCHEDULE

10 people in attendance only

MONDAY – FRIDAY 11:00 a.m. to 1:00 p.m.

- ❖ Private Prayer
- ❖ Exposition of the Blessed Sacrament
[No Communion Service]

SATURDAY 4:30 p.m. to 5:30 p.m.

&

SUNDAY 12:00 p.m. to 2:00 p.m.

- ❖ Private Prayer
- ❖ Exposition of the Blessed Sacrament
- ❖ Communion Service

LIVESTREAMED MASS ON SUNDAYS

- ❖ 9:00 a.m. in English
at www.olghtamilparish.com

The Visitation of the Blessed Virgin Mary

Feast Day: Monday May 31st

'And Mary rising up in those days went into the hill country with haste, into a city of Juda.' (Lk. 1:39).

This passage from Luke's Gospel is very inspiring. It gives us the feel of warmth and kindness and the sudden urgency of love which sent Mary, a girl, hurrying over the hills to visit her cousin, Elizabeth. This urgent desire was God's desire – He was, at that time, being formed in her.



Even though Mary's own child was God, she could not forget Elizabeth's need. She put her cousin before her own needs – characteristic of her. When she greeted her cousin, John quickened in his mother's

womb and leapt for joy at the sound of Mary's voice. Even before Christ was born, His presence gave life.

And so, this story of Christ unfolds:

1. The conception of a child in a child's heart
 2. This first salutation
 3. An infant leaping for joy in his mother's womb, knowing the hidden Christ and leaping into life
- At this time, Elizabeth realized that her little cousin, Mary, was the mother of her God.

If we practice this contemplation taught and shown to us by Our Lady, we will find that our experience is like hers. When we forget ourselves and eager to be where God desires us to be, Christ is growing in us. We are at peace, and we will tend to act on the impulse of God love. And, **yes**, others will respond by awakening into life or leaping into joy.

CATHOLIC FAMILY SERVICES OF TORONTO'S ONLINE COUNSELLING SESSIONS

Catholic Family Services of Toronto is now offering online quick access single sessions. Single-session counselling is a quick and effective way for individuals, couples or families to address a mental health or relationship concern. To arrange for a session, please contact: info@cfstoronto.com or 416-921-1163 or 416-222-0048. Leave us a message with your name, email and phone number, and a staff person will contact you. Clients who are interested in pursuing other or additional services in the agency have the option to access our ongoing counselling, wellness or group programs. Counselling fees are charged according to a client's income level. No one is denied service because of their inability to pay fees.

SACRED HEART NOVENA RETREAT FROM ST. AUGUSTINE'S SEMINARY

Thursday, June 3 to Friday, June 11

A VIRTUAL EVENT HOSTED BY ST. AUGUSTINE'S SEMINARY

Our online retreat is made up of a series of 30-minute video presentations. Each video is a short retreat conference and will feature a priest from the seminary community. To conclude the retreat, you are invited to join a livestream Mass from St. Michael's Cathedral Basilica presided by Cardinal Thomas Collins, Archbishop of Toronto.



YOUTUBE LINK:

<http://bit.ly/StAugustineSeminaryYouTube>

Ways to support your parish

- **Drop off or mail** your regular weekly offertory contribution to the **PARISH OFFICE** *[kindly do not leave it the mailbox]*.
- Visit our **Donate Now** page by visiting <https://community.archtoronto.org/page.aspx?pid=413> and select the region for our parish from the map. You will be taken to a page that allows you to choose your parish, amount of your gift – one-time or recurring and payment method – credit card or chequing account.
- You can contribute to the offertory **via on-line banking** – similar to how you may be paying your utility bills. To do this, we need to send you your unique account number. Please e-mail us at campaign@archtoronto.org. In the body of the email provide us with your name, address, parish name and municipality. We will email you your account information which you can use to set up the Archdiocese of Toronto as a payee in your on-line banking. Your gift will be forwarded to your parish. You can make a one-time or recurring gift to your offertory. This is the most cost effective way to donate electronically.



If you have any questions, please contact the Development Office at the Archdiocese of Toronto, [416-934-3400, ext. 540](tel:416-934-3400) or development@archtoronto.org.

Thank you for your many contributions to our parish community!

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Jminguito12@gmail.com
Jed Alexis Minguito
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