# THE PARISH OF THE IMMACULATE HEART OF MARY

131 BIRCHMOUNT ROAD, SCARBOROUGH, ON M1N 3J7

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Rev. Fr. Charles Collins, Administrator

Rev. Fr. Peter Gitendran, In Residence



#### **MASS SCHEDULE**

Monday to Friday at 12.05 pm Saturday at 9 am & 5 pm (Vigil) Sunday at 9 am & 11 am

### **CONFESSIONS**

Monday to Friday at 11.30 am Saturday at 4.30 pm

#### **OFFICE HOURS**

Monday to Thursday 10 am to 4 pm Susan Lee, Parish Secretary

#### SACRAMENTAL PREPARATION

(Baptism, First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator ihmsacraments@gmail.com

### ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

### KNIGHTS OF COLUMBUS

GK Jude Aloysius 416.569.5833

### **LEGION OF MARY**

Letty Denovan 416.755.9569

### **CATHOLIC WOMEN'S LEAGUE**

Alice Warford

#### **OUR LADY OF GOOD HEALTH**

Rev Fr Charles Collins, Pastor 416.264.6544 Sunday Masses at 12.30 & 4.30 pm (in Tamil)



#### **Monday March 2**

12:05 pm For the F.O.S.S. & Holy Souls in Purgatory

requested by Brian Taneka

### **Tuesday March 3**

12:05 pm

### Wednesday March 4

St. Casmir

12:05 pm In thanksgiving & for the intentions of Fred

Lopez

requested by Jane Rocha

6:30 pm

### **Thursday March 5**

12:05 pm **†** Rosendo Contaoe

requested by Evelyn & Norma

### Friday March 6 [1st Friday]

[Exposition and Benediction of the Blessed Sacrament]

12:05 pm † Ermelinda Lammana

requested by Carol Morra

6:30 pm

[Stations of the Cross & Mass]

### Saturday March 7 [1st Saturday]

[Followed by devotions to Our Lady of Fatima]

Sts. Perpetua and Felicity, Martyrs

9 am

5 pm **†** Adele Oakley

requested by Alice & Brian Warford

### **Sunday March 8**

#### Second Sunday of Lent

9 am **†** Ernest Gomboc

requested by Irma Gomboc & family

11 am Belinda Toledo Hipolito

requested by Laurie & Serge Llarenas

### EVENTS

Tue. Mar. 3	6 - 7 pm	Legion of Mary – Holy Hour
	7:30 – 9 pm	Legion of Mary - meeting
Fri. Mar. 6	3:45 – 5 pm	Children's Choir practice
Sat. Mar. 7	9:30 am	Devotions to Our Lady of
		Fatima
	3 – 5 pm	Confirmation Class #3
Sun. Mar. 8	10– 11 am	1st Holy Communion Class #7

The season of Lent calls us to humility, to an honest



understanding of who we are. Humility is not false modesty, but the awareness of who we are: Sons and daughters of God, created by God. Yet we like

Adam and Eve, are often tempted to think of ourselves as more than creatures, as in control of the world. May God give us the grace to allow him to be God.

### STATIONS OF THE CROSS



Every Friday throughout Lent, there will be **Stations of the Cross at 6:30 pm followed by Mass.** 

Join us!

### PILGRIMAGE TO THE HOLY LAND

**Spiritual Leadership:** Rev. Charles Collins

**Date:** January 17<sup>th</sup> to 25<sup>th</sup>, 2021

Optional Pilgrimage Tour with Jordan, January  $17^{\text{th}}$  to

**28**<sup>th</sup>, 2021

For more details, please see itinerary on the bulletin board at the front and side entrances of the church – you can pick up a copy too!



### **COME & SEE WEEKEND**

St. Augustine's SeminaryMarch 13<sup>th</sup> – 15<sup>th</sup>, 2020

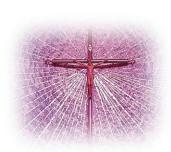
**7**he Office of Vocations will be hosting a Come & See Weekend for men aged 17 and older at St. Augustine's Seminary from Friday, March 13 at 7 p.m. to Sunday, March 15 at 1:30 p.m. The weekend offers a way for men to discern a possible call to priesthood.

Registration can be done online at: www.vocationstoronto.ca. For more information, please contact us at: 416-968-0997 or vocations@archtoronto.org.



### Our Parish Lenten Reflection Week

**D**uring the week of March 23<sup>rd</sup> to 27<sup>th</sup>, we will have a reflection following the 12:05 pm Mass each day. The Sacrament of Reconciliation will also be available during



this time. We will conclude with Adoration on Friday after the 12:05 pm Mass.

For those who are not able to participate during the day, there will be an opportunity to attend the Friday night Stations of the Cross with special reflection.

Stay tuned for more details.

### LENTEN RETREAT

Overcoming Spiritual Discouragement Speaker: Fr. Timothy Gallagher, M.M.V.

**Date & Time:** March 14<sup>th</sup>, 2020 at 9:00 am – 3:00 PM **Place:** Newman Centre Catholic Mission at the University of Toronto's St. George Campus

of Toronto's St. George Campus 89 St. George Street, Toronto

Cost: \$30 ONLY

Register: https://lentenretreat2020.eventbrite.ca

**ALL ARE WELCOME** 

Where faith meets reason and heart speaks to heart

### **LENTEN RETREAT**

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### 'Lay Mission'

**Date & Time:** Saturday, March 21 - 9:30 a.m. - 3 p.m.

Place: St. Augustine's Seminary

2661 Kingston Rd., Scarborough

**Presenter:** Fr. Charles Anang

**Conference 1** seeks to rekindle Vatican II's teaching on the mission of the laity to evangelize the world through the universal call to holiness.

Conference 2 examines the twentieth-century gift of St. Josemaría Escrivá's charism for sanctifying oneself, work, and society. Conference 3 elaborates upon the Marian Principle as the foundation for the Holy Spirit's renewal of the Church.

Holy Mass at St. Augustine's Seminary chapel and

Confession are included with registration.

Feel free to invite friends and family to join us on this day.

**COST:** \$50, includes lunch.

**CONTACT:** St. Augustine's Seminary of Toronto

**PHONE:** 416-261-7207

EMAIL: layspiritualformation@sastoronto.org

WEB: http://www.staugustines.on.ca/

### Fasting and Feasting

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. We often associate Lent with fasting and penances, which are undoubtedly good. However, it is important that if we are going to give something up, we should strive to replace it with something good as well, for Aristotle famously said that "nature abhors a vacuum."

This leads us to the practice of "fasting and feasting" in Lent. Through this practice we are able to cultivate strong stewardship through fasting from things that are unvirtuous and feasting on charitable and wholesome acts. Let us take some time to prayerfully reflect on how we can implement the following list

this Lenten season.

Fast from judging others; Feast on the Christ dwelling in them. Fast from emphasis on differences; Feast on the unity of life. Fast from words that pollute; Feast on phrases that purify. Fast from discontent; Feast on gratitude. Fast from anger; Feast on patience. Fast from complaining; Feast on



appreciation. Fast from negatives; Feast on affirmatives. Fast from self-concern; Feast on compassion for others. Fast from problems that overwhelm; Feast on prayer that strengthens. In essence, let us fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.

#### Summary

As we begin this great season of Lent it is important to take some time to reflect on how we plan to best spend this time to grow as stewards of Christ. It is important that if we are going to give something up, we should strive to replace it with something good as well. Let us strive to fast from anything that prevents us from being good stewards and feast on those practices that strengthens us.



Liturgical Publications will be setting up the advertisements for our Church bulletin. The advertising will begin in April 2020 & supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 905-624-4422.

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