

THE PARISH OF THE IMMACULATE HEART OF MARY

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Rev Fr Peter Tammearu, Pastor
Rev Fr Peter Gitendran, In Residence

Let us be thankful ...

*Let us be thankful for
the blessings we receive.*

Let us be thoughtful of others.

Let us remember dear and close friends.

Let us have faith in tomorrow.

Let us live life as a Golden Rule.

Let us find sunlight through the clouds.

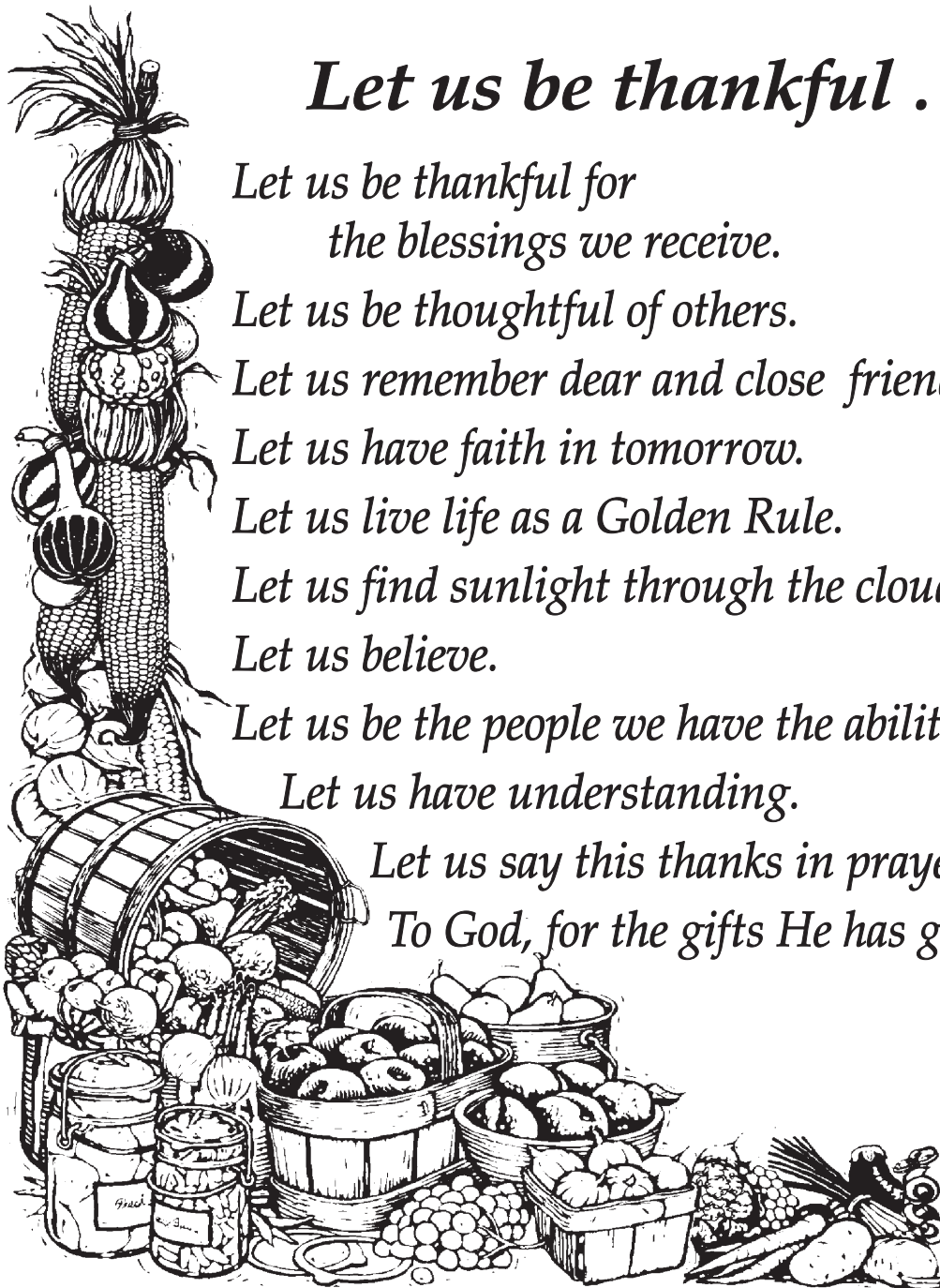
Let us believe.

Let us be the people we have the ability to be.

Let us have understanding.

Let us say this thanks in prayer

To God, for the gifts He has given.





Monday October 8

Thanksgiving Day

12:05 pm In gratitude for all our blessings
requested by the Warford family

Tuesday October 9

St Denis, Bishop and Companions, Martyrs;

St John Leonardi, Priest

12:05 pm In thanksgiving & for the personal intentions of
Tess Fernandez on her birthday
requested by her family

Wednesday October 10

12:05 pm In thanksgiving
requested by the Hipolito family

Thursday October 11

St John XXIII, Pope

12:05 pm † Rev. Maria Arokiam
requested by family and friends

Friday October 12

12:05 pm † Giovanna Morra
requested by Carol Morra

Saturday October 13

9:00 am † Felicidad Galase
requested by the Galase family

5 pm † Joseph Edmond Jerome Connors Jr.
requested by his brother, Jim

Sunday October 14

Twenty-eight Sunday in Ordinary Time

9 am For the People of the Parish

11 am In thanksgiving
requested by the San Juan family

MUSIC at the 11 am Mass

Prelude: Adagio by John Stanley

Opening hymn: #746 We Gather Together

Offertory hymn: There is Much in the World (by Carson Cooman)

Communion hymn: #750 For the Fruits of All Creation

Closing hymn: Doxology (arr. by Carol McClure)

Postlude: Variations on "The Old Hundredth" by Denis Bédard



The Month of the Rosary

The month of October in Catholic tradition is dedicated to the Holy Rosary. Recently, Pope Francis invited all the faithful to pray the Rosary "during the entire Marian month of October, and thus to join in communion and in penitence, as the people of God, in asking the Holy Mother of God and Saint Michael Archangel to protect the Church from the devil, who always seeks to separate us from God and from each other."



His Holiness has invited the faithful to conclude the recitation of the Rosary with the ancient invocation *Sub Tuum Praesidium*, and with the prayer to Saint Michael Archangel that he protect us and help us in the struggle against evil (cf. Rev 12:7-12).

Sub Tuum Praesidium

We fly to thy protection, O Holy Mother of God. Do not despise our petitions in our necessities, but deliver us always from all dangers, O Glorious and Blessed Virgin.

Prayer to Saint Michael

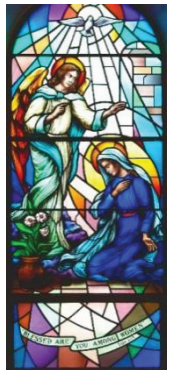
Saint Michael Archangel, defend us in battle, be our protection against the wickedness and snares of the devil; may God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl through the world seeking the ruin of souls. Amen.

To encourage our devotion, we invite any interested parishioners to come forward to lead the Rosary **before the Vigil and Sunday Masses this month**, and to offer that Rosary for the repose of the soul of a deceased person, or for the intentions of a living person. Please contact the office to book a date and time, and to indicate the dedication; the number of dates is limited and we wish to offer this opportunity to as many different people as possible. The Rosary will commence 15 minutes before the beginning of Mass, and will be led from the microphone at the ambo.



Stained Glass Preservation

Work has begun on repairing the stained-glass windows of the church. This stage of the project, which includes the panels that are in most urgent need of repair, should be completed by November. We hope to proceed further next spring, but this is a pay-as-you-go project, and we are only able to restore the windows as donations for this purpose are received. Please consider whether you can contribute in some way to preserving our parish heritage. Special donation envelopes can be found at the entrance of the church.



Three Elements of Expressing Gratitude

by Andy Otto

With Thanksgiving approaching, it might be good to take the time to look at gratitude from St. Ignatius's perspective.

Gratitude is often diluted—a word we hear in passing that has lost its depth. Every Thanksgiving before dinner my family goes around the table and each person names something they've been thankful for in the past year. It's a nice way to

start a meal. It even becomes a prayer of sorts, but would Ignatius expect something more?

I propose that Ignatius would tell us that gratitude ought to be expressed daily, for all things, and always pointing back to God.

Daily

Expressing gratitude is the first step in the Examen. It's a prayer meant to be prayed once or twice per day. In this, Ignatius gives us a model for daily gratitude. In practice, the Examen can become so natural that we find ourselves being aware of God's movements throughout the course of the day. And Ignatius would likely exhort his followers to respond to those graced movements with gratitude, not just a once a year, but each day.

All Things

Daily living encompasses a slew of emotions, activities, and relationships, all of which are gifts from God. Ignatius places gratitude in the Examen as a signal to us to get in the habit of thanking God in the context of those daily gifts. The Contemplation to Attain Love in the Spiritual Exercises broadens this awareness to the gifts of our *entire* lives, including our birth, family, friends, talents, interests, sacraments, and even God's very desire to dwell with us. Can we say thank you for those gifts of a lifetime?

Pointing Back to God

As Ignatian spirituality reminds us, gratitude is ultimately expressed in the context of God. It's prayer. When I thank my family at the dinner table or express my gratitude for others in my life, I ought to keep in mind that it is God who makes these gifts possible. The reminder is there in the original text for the Examen in the Spiritual Exercises: "Give thanks to God our Lord for the benefits received." God gives the benefits. God gives us family and goodness and grace. So when I give thanks to the people in my life for the gifts they share with me, I am also giving thanks to God who makes those relationships possible.



CWL General Meeting

The meeting will take place on Sunday, October 14th at 9:45 a.m. in the Counting Room.

Parish Supper

There will be a Parish Supper on Saturday, October 13th, following the 5 pm Mass. All are invited. There is no cost, but donations are welcome. We will share a simple supper of soup, salad and bread, and you are invited to contribute something to the dessert table.



Parish Photo Directory

We invite you to participate in our Parish Family Photo Directory Program.

Your participation in this program will provide your family with a free parish photo directory and a free 8 x 10 family photo. Your family can also purchase additional studio quality portraits at less than studio prices, but there is no obligation to purchase.

The only cost to you is 30 minutes of your time to have the picture taken and then select the picture you would like put into the directory and select your free 8 x 10 portrait. At that time, you can decide if you would like to purchase any additional pictures.

For more information or to book your time slot for your sitting please see one of the volunteers at the back of the Church.



Worldwide Marriage Encounter Weekend

October 19-21, 2018

Celebrate your love and take a fresh look at your marriage! Spend a very special weekend together. A Weekend of discovery...a lifetime of love! Worldwide Marriage Encounter is a weekend getaway that helps married couples rediscover themselves as individuals and as a couple. The Weekend format helps couples communicate openly and honestly without group sharing, therapy or marriage counselling. For more information and application, please go to www.wwme.org or contact: Gerard & Marge McCauley at gerard.marge@rogers.com or (905) 792-1925.



World Mission Sunday Special Collection

There will be a second collection on October 20th & 21st for the Evangelization of the Nations, otherwise known as World Mission Sunday. This is a worldwide collection for the missionary church and it is our opportunity to assist at-need Catholic communities globally. Offerings are combined with offerings from other Catholics around the world and distributed to missions and dioceses. We are called to share from our abundance with those less fortunate who lack the basic essentials to know, love and praise our God. Thank you for your support of this important work.

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