

THE PARISH OF THE IMMACULATE HEART OF MARY

131 BIRCHMOUNT ROAD, SCARBOROUGH, ON M1N 3J7

Tel: 416.691.6968 Fax: 416.691.3947

immaculatechurch@rogers.com

www.immaculateheartofmarysc.archtoronto.org

Rev Fr Peter Tammearu, Pastor



MASS SCHEDULE

Monday to Friday at 12.05 pm

Saturday at 9 am & 5 pm (Vigil)

Sunday at 9 am & 11 am

CONFESSIONS

Monday to Friday at 11.45 am

Saturday at 4.30 pm

SACRAMENTAL PREPARATION

(First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator

ihmsacraments@gmail.com

SACRAMENTS OF BAPTISM AND MARRIAGE

Please make an appointment to see the pastor

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

CATHOLIC WOMEN'S LEAGUE

Darlene Barron, President 416.264.6407

LEGION OF MARY

Letty Denovan 416.755.9569

OUR LADY OF GOOD HEALTH

Rev Fr Peter Gitendran, Pastor 416.264.6544

Sunday Mass at 4.30 pm (in Tamil)

OFFICE HOURS

Monday to Thursday 10 am to 4 pm

Susan Lee, Parish Secretary

SECOND SUNDAY OF LENT FEBRUARY 25, 2018

Interior Penance

From the Catechism of the Catholic Church:

1430 Jesus' call to conversion and penance, like that of the prophets before him, does not aim first at outward works, "sackcloth and ashes," fasting and mortification, but at the conversion of the heart, interior conversion. Without this, such penances remain sterile and false; however, interior conversion urges expression in visible signs, gestures and works of penance.

1431 Interior repentance is a radical reorientation of our whole life, a return, a conversion to God with all our heart, an end of sin, a turning away from evil, with repugnance toward the evil actions we have committed. At the same time it entails the desire and resolution to change one's life, with hope in God's mercy and trust in the help of his grace. This conversion of heart is accompanied by a salutary pain and sadness which the Fathers called *animi cruciatus* (affliction of spirit) and *compunctio cordis* (repentance of heart).

1432 The human heart is heavy and hardened. God must give man a new heart. Conversion is first of all a work of the grace of God who makes our hearts return to him: "Restore us to thyself, O LORD, that we may be restored!" God gives us the strength to begin anew. It is in discovering the greatness of God's love that our heart is shaken by the horror and weight of sin and begins to fear offending God by sin and being separated from him. The human heart is converted by looking upon him whom our sins have pierced: Let us fix our eyes on Christ's blood and understand how precious it is to his Father, for, poured out for our salvation it has brought to the whole world the grace of repentance.

1433 Since Easter, the Holy Spirit has proved "the world wrong about sin," i.e., proved that the world has not believed in him whom the Father has sent. But this same Spirit who brings sin to light is also the Consoler who gives the human heart grace for repentance and conversion.

The Many Forms of Penance in Christian Life

1434 The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms, fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. Alongside the radical purification brought about by Baptism or martyrdom they cite as means of obtaining forgiveness of sins: effort at reconciliation with one's neighbor, tears of repentance, concern for the salvation of one's neighbor, the intercession of the saints, and the practice of charity "which covers a multitude of sins."

1435 Conversion is accomplished in daily life by gestures of reconciliation, concern for the poor, the exercise and defense of justice and right, by the admission of faults to one's brethren, fraternal correction, revision of life, examination of conscience, spiritual direction, acceptance of suffering, endurance of persecution for the sake of righteousness. Taking up one's cross each day and following Jesus is the surest way of penance.

1436 Eucharist and Penance. Daily conversion and penance find their source and nourishment in the Eucharist, for in it is made present the sacrifice of Christ which has reconciled us with God. Through the Eucharist those who live from the life of Christ are

fed and strengthened. "It is a remedy to free us from our daily faults and to preserve us from mortal sins."

1437 Reading Sacred Scripture, praying the Liturgy of the Hours and the Our Father—every sincere act of worship or devotion revives the spirit of conversion and repentance within us and contributes to the forgiveness of our sins.

1438 The seasons and days of penance in the course of the liturgical year (Lent, and each Friday in memory of the death of the Lord) are intense moments of the Church's penitential practice. These times are particularly appropriate for spiritual exercises, penitential liturgies, pilgrimages as signs of penance, voluntary self-denial such as fasting and almsgiving, and fraternal sharing (charitable and missionary works).

1439 The process of conversion and repentance was described by Jesus in the parable of the prodigal son, the center of which is the merciful father: The fascination of illusory freedom, the abandonment of the father's house; the extreme misery in which the son finds himself after squandering his fortune; his deep humiliation at finding himself obliged to feed swine, and still worse, at wanting to feed on the husks the pigs ate; his reflection on all he has lost; his repentance and decision to declare himself guilty before his father; the journey back; the father's generous welcome; the father's joy - all these are characteristic of the process of conversion. The beautiful robe, the ring, and the festive banquet are symbols of that new life - pure, worthy, and joyful - of anyone who returns to God and to the bosom of his family, which is the Church. Only the heart of Christ Who knows the depths of his Father's love could reveal to us the abyss of his mercy in so simple and beautiful a way.

CALL FOR CONSCIENCE

We Need Your Help!

Cardinal Collins and bishops across Ontario are asking for an email address from every Catholic family in their community, with a goal of 100,000 email addresses collected in Ontario by the end of February 2018. This information will be used locally by Cardinal Collins and trusted faith partners to communicate periodically (approximately 6-8 times/year) on issues of particular importance for the Catholic community.

The first campaign of 2018 is the Call for Conscience, inviting our elected Members of Provincial Parliament (MPPs) and those seeking office this June to increase funding/access to palliative care, to protect health care workers wishing to abstain from any involvement in euthanasia/assisted suicide and to protect faith-based facilities from participation in euthanasia/assisted suicide. The work builds on a similar campaign in 2017.



Sign-Up Sundays will be at the back of the church on the weekends of February 24/25 and March 3/4 or visit the sign-up website, <http://bit.ly/SignUpSundayRegistration>, to register for this program.

Please participate.

FOCUS: *God's love for us is limitless.*

Today, we hear the familiar passage from Saint Paul when he says, *If God is for us, who can be against us?* Since we have been called by name, by virtue of our Baptism, we know that we are God's children; we are his instruments in the world.



Mass Intentions

Monday February 26

12:05 pm † Victor Alforte Sr., Maria Consuelo & Norma Alforte
requested by the Alforte family

Tuesday February 27

12:05 pm † Joseph Edmond Jerome Connors
requested by his son, Jim Connors

Wednesday February 28

12:05 pm † Emanuele Mizzi
requested by Alice & Brian Warford

Thursday March 1

12:05 pm † Deceased members of FOSS and the souls in Purgatory
requested by Brian Tanaka

Friday March 2

1st Friday

12:05 pm In honour of the Sacred Heart of Jesus & the Immaculate Heart of Mary
requested by Jane Rocha

7 pm For the intentions and healing of the members of the CWL who are suffering or recovering from illness
requested by Fatima Cabral

Saturday March 3

1st Saturday

9 am † Mercy San Augustin
requested by Cora Tanaka

5 pm † Edgardo de Castro
requested by Letty Denovan

Sunday March 4

Third Sunday of Lent

9 am For the People of the Parish

11 am † Mary & Manuel Rodrigues
requested by their daughter Annie D'Cunha & family

UPCOMING EVENTS

Monday February 26

10:30 to 11:30 'Making a Retreat in Everyday Life' with Speaker Fr. Peter Tammearu

Thursday March 1

12:30 – 1:30 pm Line Dancing [Church hall]
7:30 pm – 9 pm Legion of Mary meeting [Seniors]

Friday March 2 [1st Friday]

11:15 pm **Stations of the Cross** followed by rosary, Mass, and Exposition & Benediction of the Blessed Sacrament

3:45 – 5 pm Children's Choir Practice

6:30 pm **Stations of the Cross** followed by 7 pm Mass

Saturday March 3 [1st Saturday]

9:30 am Devotions to Our Lady of Fatima
10 am 1st Holy Communion Class #5

Sunday March 4

9:45 – 11 am CWL Meeting

MINISTRY WITH MATURING ADULTS

Are we still dancing during Lent? The answer is YES. **LINE**

DANCING continues each **Thursday** after the 12:05 pm Mass in the Church Hall. Everyone is always welcome to join us for fun, fitness and friendship.

STATIONS OF THE CROSS - FRIDAYS AT 11:15AM

Every Friday during Lent, we will pray the Stations of the Cross from Mother Mary's perspective at **11:15 am**. Mary's Way of the Cross will be followed by the praying of the Rosary and our daily Mass at **12:05 pm**. We are grateful to those who graciously volunteer to lead us in the Rosary daily and the Stations of the Cross.

MAKING A RETREAT IN EVERYDAY LIFE

Please note that the first of the four sessions will begin on **MONDAY, FEBRUARY 26th at 10:30 am** in the Church Hall. Fr. Peter Tammearu will help us to explore Ignatian Spirituality. Join us to refresh your spirituality during the time of Lent by entering into the spirit of a retreat in order to prepare to make a good confession and receive the Easter Eucharist with joy. These four sessions will take place on 4 Mondays (February 26th, March 5th, 12th and 19th) during Lent from 10:30 to 11:30am in the Church Hall. Light refreshments will be served.



GOD'S GIFT OF LONG LIFE

MONTHLY SOCIAL will be on **Monday, March 19th**.

Our next monthly Social will be on the Feast of St. Joseph. Please join us for this traditional celebration of our beloved St. Joseph. We will have St. Joseph's table after the 12:05 pm Mass.

THE STATIONS OF THE CROSS

The most important reason for reviving the practice of making the



Stations of the Cross is that it is a powerful way to contemplate, and enter into, the mystery of Jesus' gift of himself to us. It takes the reflection on the passion out of our heads, and makes it an imaginative exercise. It involves our senses, our experiences and our emotions. To the extent, we come to experience the love of Jesus for us, to that extent the gratitude we feel will be deep. Deep gratitude leads to real generosity and a desire to love as we have been loved.

Join us every Friday throughout Lent at 11:15 am and 6:30 pm for Stations of the Cross.



AT THE 11 AM MASS

Entrance hymn: #564 Lord, Who throughout These Forty Days

Offertory hymn: #791 Without Seeing You

Communion hymn: #574 Deep Within

Closing hymn: #981 Lift High the Cross

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