

# THE PARISH OF THE IMMACULATE HEART OF MARY

131 BIRCHMOUNT ROAD, SCARBOROUGH, ON M1N 3J7

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[www.immaculateheartofmarysc.archtoronto.org](http://www.immaculateheartofmarysc.archtoronto.org)

Rev Fr Peter Tammearu, Pastor



## MASS SCHEDULE

Monday to Friday at 12.05 pm

Saturday at 9 am & 5 pm (Vigil)

Sunday at 9 am & 11 am

## CONFESSIONS

Monday to Friday at 11.45 am

Saturday at 4.30 pm

## SACRAMENTAL PREPARATION

(First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator

[ihmsacraments@gmail.com](mailto:ihmsacraments@gmail.com)

## SACRAMENTS OF BAPTISM AND MARRIAGE

Please make an appointment to see the pastor

## ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

## CATHOLIC WOMEN'S LEAGUE

Darlene Barron, President 416.264.6407

## LEGION OF MARY

Letty Denovan 416.755.9569

## OUR LADY OF GOOD HEALTH

Rev Fr Peter Gitendran, Pastor 416.264.6544

Sunday Mass at 4.30 pm (in Tamil)

## OFFICE HOURS

Monday to Thursday 10 am to 4 pm

Susan Lee, Parish Secretary

**SIXTH SUNDAY  
IN ORDINARY TIME  
FEBRUARY 11, 2018**

*Traditions of Lent*

**FASTING AND ABSTINENCE**

To foster the spirit of penance and of reparation for sin, to encourage self-denial, and to guide us in the footsteps of Jesus, Church law requires the observance of fast and abstinence, especially during Lent.

**Abstinence:** All persons who have already celebrated their 14th birthday are bound to abstain from meat on *Ash Wednesday and all Fridays of Lent*.

**Fasting:** Everyone, from the celebration of their 18th birthday to their 59th birthday, is bound to fast on *Ash Wednesday and Good Friday*. Voluntary fasting on other weekdays of Lent is highly recommended.

Fasting is generally understood to mean eating one full meal each day. Two other partial meals, sufficient to maintain strength, may be taken; but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

Other forms of “fasting,” especially regarding alcoholic drink, needless television, video games, Internet use and social entertainment, is of true spiritual value and is strongly encouraged.

When health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one’s parish priest or confessor may be consulted.

Airport workers, travelers, and others while on board ships or airplanes are dispensed from the laws of fast and abstinence for the duration of their journey (except on Good Friday). It is desirable that they perform some other pious act instead.

**PRAYER**

In order to deepen one’s love for Christ, Catholics are urged to read and pray over Sacred Scripture; to study the Catechism of the Catholic Church; to participate in devotions offered by the parish; and to pray more fervently—individually, as families, and in common with others.

The faithful are exhorted to pray the Rosary, to make visits to the Blessed Sacrament, and to pray especially for vocations to the priesthood and the religious life, and for peace in the world.

**Sacrament of Penance and Reconciliation:** Lent is a privileged time for celebrating this sacrament. In this parish, Confession is usually available at 11.30 am, before the 12.05 pm Mass, from Monday to Friday. Confessions are also heard on Saturdays at 4.30 pm before the 5 pm Mass. Please make a point of coming early, because the priest needs 10 or 15 minutes to prepare for the Mass. An

additional opportunity will be offered during the week of March 19-24.

The Sacrament of Penance involves both personal and social aspects of sin and reconciliation. In addition to a personal reconciliation with God, the faithful should consider every context of life: their individual, family and Church situations. During the Lenten and Easter time, Catholics are reminded that they are obliged to celebrate the Sacrament of Penance at least once a year.

**Lenten Mass Schedule:** An additional Mass will be celebrated on Friday evenings during Lent at 7 pm.

**The Stations of the Cross:** During the Lenten season, Stations will be celebrated on Fridays at 11 am, before the Rosary and 12.05 pm Mass, and at 6.30 pm, preceding the 7 pm Mass.

**Easter Duty:** All Catholics who have been baptized and made their First Communion are bound to receive Holy Communion worthily at least once during the Easter Season. Therefore, it is important to remember that anyone who is “conscious of a grave sin must receive the Sacrament of Reconciliation before coming to Communion” (CCC 1385).

**ALMSGIVING**

The act of giving to the poor, in the most ancient tradition of the Church, is an expression of penance, a form of piety, a witness of fraternal charity and an expression of Lenten conversion. Therefore, all Catholics are urged to support generously the charitable works of the Church.

People are also encouraged to assist the sick, the aged, the needy and the imprisoned in other ways. Fasting and abstinence together with works of charity help Catholics live in solidarity with the crucified Christ reflected in the image of our brothers and sisters who suffer.

*In our Lenten pilgrimage of faith and ascent to the holy mountain of Easter, may God direct our steps to Him, and show us how to walk always in His way.*



**AT THE 11 AM MASS**

**Entrance hymn:** #716 When in Our Music, God is Glorified

**Offertory hymn:** #869 Here I Am, Lord

**Communion hymn:** #1028 You Satisfy the Hungry Heart

**Concluding hymn:** #568 Jerusalem, My Destiny

**FAMILY OF FAITH CAMPAIGN**

The Family of Faith campaign will issue 2017 tax receipts for Family of Faith donations by the end of February 2018. Most gifts to the campaign have been in the form of pledges, payable over five years. Tax receipts will be issued for the value of gift amounts actually received in 2017, through Sunday, December 31, 2017. Please note that contributions sent by mail that were postmarked on or before December 31, 2017 are eligible for a 2017 tax receipt.





# Mass Intentions

## Monday February 12

12:05 pm For the healing and intentions of Liam Nilo  
*requested by the Nilo family*

## Tuesday February 13

12:05 pm † Arcely Briones in remembrance on her birthday  
*requested by the Briones & Patacsil families*

## Wednesday February 14

### Ash Wednesday

9:30 am [School Mass]

12:05 pm † Senator Tobias Enverga  
*requested by Tess & Lito Fernandez & family*

7 pm [Available]

## Thursday February 15

12:05 pm † Andrew McInnis  
*requested by his wife, Betty McInnis*

## Friday February 16

12:05 pm † Vera Tammearu

7 pm † Nicola Pascarella

*requested by Alice & Brian Warford*

## Saturday February 17

9 am [Available]

5 pm † Achille & Elide Bernardi

*requested by Roger & Mary McCrorie*

## Sunday February 18

### First Sunday of Lent

9 am † Germelina Pazcoguin

*requested by Jesus & Judith Hipolito*

11 am † For the People of the Parish



## Tuesday February 13

12:30 - 2 pm Monthly Social in the Church Hall -  
*'Pancake Tuesday'*

## Thursday February 15

12:30 - 1:30 pm Line Dancing [Church hall]

7:30 pm - 9 pm Legion of Mary meeting [Seniors]

## Friday February 16

3:45 - 5 pm Children's Choir practice

## Saturday February 17

10 am 1<sup>st</sup> Holy Communion Class #3

## ASH WEDNESDAY

Masses will be at 12:05 pm and 7 pm

[with the imposition of ashes].



Remember that  
You are dust, and to  
dust You shall return.  
Ecclesiastes 1:20

## MINISTRY WITH MATURING ADULTS

~~FEBRUARY MONTHLY SOCIAL~~ We will be serving pancakes in the Church Hall on **Shrove Tuesday [February 13<sup>th</sup>]** immediately following the 12:05 pm Mass.

~~LINE DANCING~~ continues **each Thursday after the 12:05 Mass** for fun, fitness and friendship. Everyone is always welcome.

## ~~STATIONS OF THE CROSS~~

**On Friday, February 16<sup>th</sup>,** we will pray the Stations at 11:15 a.m. We will reflect upon the Stations of the Cross from Our Lady's perspective. The Stations of the Cross will be followed by the praying of the Rosary (the Sorrowful Mysteries) and our daily Mass at 12:05 p.m. Join us each Friday during Lent for the Stations of the Cross. **Volunteers needed.** If you would be willing to help (reading, carrying the cross or candle), please leave your name and phone number with the Secretary at the Parish Office.

## ~~MAKING A RETREAT IN EVERYDAY LIFE~~

Mark your calendar. **Monday, February 26<sup>th</sup> and March 5<sup>th</sup>, 12<sup>th</sup>, and 19<sup>th</sup>.**

Fr. Peter Tammearu will help us to explore Ignatian Spirituality. Join us to refresh your spirituality during the time of Lent by entering into the spirit of a retreat in order to prepare to make a good confession and receive the Easter Eucharist with joy. These four sessions will take place on 4 Mondays during Lent from 10:30 to 11:30 a.m. in the Church Hall. What a wonderful way to immerse ourselves into this season of Lent and to rise with our Lord, Jesus Christ at Easter.



GOD'S GIFT OF LONG LIFE

## ~~SAVE THE DATE~~ **Monday, March 19<sup>th</sup>.**

Our next monthly Social will be on the Feast of St. Joseph. Please join us for this traditional celebration of our Patron, St. Joseph. We will have St. Joseph's table after the 12:05 p.m. Mass. Continue to check the Bulletin for more details.

**TAX RECEIPTS:** *U*our tax receipts will be ready for pick up on Saturday, February 17<sup>th</sup> and Sunday, February 18<sup>th</sup> after all Masses.

## STATIONS OF THE CROSS

Every Friday throughout Lent and beginning on **Friday, February 16<sup>th</sup>,** there will be Stations of the Cross at 6:30 pm followed by Mass at 7 pm.



## FOCUS: *Sin separates us from God*

*On* the same way that leprosy separated people from their communities until they were healed, sin separates us from God until we ask for forgiveness and healing. Let us have the faith of the leper in today's Gospel, and believe in the healing words and touch of Jesus when it is our time to need forgiveness.


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