

THE PARISH OF THE IMMACULATE HEART OF MARY

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www.immaculateheartofmarysc.archtoronto.org

Rev Fr Peter Tammearu, Pastor



MASS SCHEDULE

Monday to Friday at 12.05 pm

Saturday at 9 am & 5 pm (Vigil)

Sunday at 9 am & 11 am

CONFESSIONS

Monday to Friday at 11.45 am

Saturday at 4.30 pm

SACRAMENTAL PREPARATION

(First Communion, Confirmation, RCIA)

Alice Warford, Sacramental Coordinator

ihmsacraments@gmail.com

SACRAMENTS OF BAPTISM AND MARRIAGE

Please make an appointment to see the pastor

ST VINCENT DE PAUL SOCIETY

Please call 647.428.2880

CATHOLIC WOMEN'S LEAGUE

Darlene Barron, President 416.264.6407

LEGION OF MARY

Letty Denovan 416.755.9569

OUR LADY OF GOOD HEALTH

Rev Fr Peter Gitendran, Pastor 416.264.6544

Sunday Mass at 4.30 pm (in Tamil)

OFFICE HOURS

Monday to Thursday 10 am to 4 pm

Susan Lee, Parish Secretary

**FIFTH SUNDAY
IN ORDINARY TIME
FEBRUARY 4, 2018**

Why do we need to pray?

*Pope Emeritus Benedict XVI Calls Us
to Contemplate Christ in Prayer*

Prayer is not only the breath of the soul but, to make use of a metaphor, it is also the oasis of peace from which we can draw the water that nourishes our spiritual life and transforms our existence. God draws us towards him, offering us enlightenment and consolation, and enabling us to scale the mountain of holiness so that we may be ever closer to him. . .

Contemplating the Lord is at the same time both fascinating and awe-inspiring: fascinating because he draws us to him and enraptures our hearts by uplifting them, carrying them to his heights where we experience the peace and beauty of his love; awe-inspiring because he lays bare our human weakness, our inadequacy, the effort to triumph over the Evil One who endangers our life, that thorn embedded also in our flesh. In prayer, in the daily contemplation of the Lord, we receive the strength of God's love and feel that St. Paul's words to the Christians of Rome are true, when he wrote: "For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord" (Romans 8:38-39).

In a world in which we risk relying solely on the efficiency and power of human means, we are called to rediscover and to witness to the power of God which is communicated in prayer, with which every day we grow in conforming our life to that of Christ, who—as Paul says—"was crucified in weakness, but lives by the power of God. For we are weak in him, but in dealing with you we shall live with him by the power of God" (2 Corinthians 13:4).

Dear friends, in the past century Albert Schweitzer, a Protestant theologian who won the Nobel Peace Prize, said: "Paul is a mystic and nothing but a mystic", that is, a man truly in love with Christ and so united to him that he could say: Christ lives in me. The mysticism of St. Paul is not only founded on the exceptional events he lived through, but also on his daily and intense relationship with the Lord who always sustained him with his Grace.

Mysticism did not distance him from reality, on the contrary it gave him the strength to live each day for Christ and to build the Church to the ends of the world of that time. Union with God does not distance us from the world but gives us the strength to remain really in the world, to do what must be done in the world.

Thus in our life of prayer as well we can perhaps have moments of special intensity in which we feel the Lord's presence is more vivid, especially in situations of aridity, of difficulty, of suffering, of an apparent absence of God. Only if we are grasped by Christ's love will we be equal to facing every adversity, convinced, like Paul, that we can do all things in the One who gives us strength (cf. Philippians 4:13). Therefore, the more room we make for prayer the more we will see our life transformed and enlivened by the tangible power of God's love.

This is what happened, for example, to [Saint] Mother Teresa of Calcutta who found in contemplation of Jesus and even also in long periods of aridity the ultimate reason and incredible strength to recognize him in the poor and abandoned, in spite of her fragility. Contemplation of Christ in our life does not alienate us—as I have already said—from reality. Rather it enables us to share even more in human events, because the Lord, in attracting us to him through prayer, enables us to make ourselves present and close to every brother and sister in his love.

~ Pope Emeritus Benedict XVI, General Audience,
Paul VI Audience Hall, June 13, 2012

Excerpted from *Let Us Become Friends of Jesus* by Pope Benedict VI
(The Word Among Us Press, 2013) ~

Expressions of prayer

- ▶ At Mass when the reading of the Gospel begins, we place the sign of the Cross on our foreheads, lips and hearts.
 - Lips, minds and hearts symbolize the three kinds of prayer: vocal, meditative and contemplative. (USCCA, p. 473)



AT THE 11 AM MASS

- Entrance hymn:* #718 Sing a New Song
- Offertory hymn:* Bread of Love, Cup of Grace (by Carol McClure)
- Communion hymn:* #869 Here I Am Lord
- Concluding hymn:* Sing Joyfully to God (by Michael Joseph)

PANCAKE BREAKFAST

We will be hosting a Pancake Breakfast on **Sunday, February 11th, 2018 after the 9 am and 11 am Masses** to start the Lenten season. Tickets for this event will only be \$1.00 per person, and children under the age of 10 yrs. are free. Tickets will be available at the back of the Parish starting the weekend of the 21st. A lot of effort goes into an event like this. **So please join us for food, fun and fellowship. Show your support for your Parish!**



CELEBRATION OF MARRIAGE MASS

with Cardinal Collins

As part of Marriage Sunday 2018 celebrations, Cardinal Thomas Collins will preside at a special Mass to honour couples celebrating milestone anniversaries in 2018.

If you (or a couple you know) are celebrating a 25th, 40th, 50th or 60th+ wedding anniversary this year, they are invited to join in this special celebration.



The Mass will take place at 3 p.m. on Sunday, February 11th at Blessed Trinity Parish (3220 Bayview Ave - North York). A reception will follow Mass. All are welcome to attend - couples celebrating milestone anniversaries are asked to register online to ensure reserved seating.

Registration and other important information can be found at: www.archtoronto.org/marriage or by calling (416) 934-3400, Ext. # 523.



Mass Intentions

Monday February 5

12:05 pm † Antonio Cena, father of Rev. Bobby Cena,
[Visiting Priest]
*requested by the Parishioners, Clergy & Staff of
Immaculate Heart of Mary*

Tuesday February 6

12:05 pm † Achille & Elide Bernardi
requested by Roger & Mary McCrorie

Wednesday February 7

12:05 pm † Leonardo De La Cruz
requested by Maricel Galsim

Thursday February 8

12:05 pm † Jerome Rocha
requested by Jane Rocha

Friday February 9

12:05 pm In thanksgiving
requested by Jane Rocha

Saturday February 10

9 am † Selvina Morta
requested by Luz Morta

5 pm For the People of the Parish

Sunday February 11

Sixth Sunday in Ordinary Time

9 am † Senator Tobias Enverga
requested by Rosanna Soriano & Family

11 am † Florentino Sumabat on his 13th anniversary of his
death
requested by Amy Costales



Thursday February 8

12:30 – 1:30 pm Line Dancing [Church hall]
7:30 pm – 9 pm Legion of Mary meeting [Seniors]

Friday February 9

3:45 – 5 pm Children's Choir practice

Saturday February 10

10 am 1st Holy Communion Class #2

Sunday February 11

10 am & 12 pm Pancake Breakfast in the Church Hall

Tuesday February 13

12:30 pm Monthly Social in the Church Hall -
'Pancake Tuesday'



MINISTRY WITH MATURING ADULTS

LINE DANCING Join us each Thursday after the 12:05 Mass for fun, fitness and friendship. If you don't wish to dance still join us and sing along and enjoy the ambiance.

Upcoming Events – Save the date!

MONTHLY SOCIAL FOR FEBRUARY will take place on **Tuesday, February 13, PANCAKE TUESDAY** following the 12:05 Mass in the Church Hall. **Please contact the Parish Office by Tuesday, February 6** if you plan on joining us as for this social. We need to have a sense of numbers for the food preparation. Thank you.

MAKING A RETREAT IN EVERYDAY LIFE

Fr. Peter Tammearu will help us to explore Ignatian Spirituality. Spiritual Exercises form the cornerstone of Catholic spirituality. This is a good method to refresh your spirituality during the time of Lent by entering into the spirit of a retreat in order to prepare to make a good confession and receive the Easter Eucharist with joy. These four sessions will take place on 4 **Mondays** during Lent from 10:30 to 11:30am in the Church Hall. What a wonderful way to immerse ourselves into this season of Lent and to rise with our Lord, Jesus Christ at Easter. The first talk will be on **Monday, February 26 and continue on March 5, 12, and 19th. Mark your calendar.**

STATIONS OF THE CROSS

Join us to pray the Stations of the Cross each Friday morning during Lent at 11:15am beginning Friday, February 16. We will reflect upon the Stations of the Cross from Our Lady's perspective. The Stations of the Cross will be followed by the praying of the Rosary (the Sorrowful Mysteries) and our daily Mass at 12:05. Volunteers needed. If you would be willing to help (reading, carrying the cross or candle) please leave your name and phone number with the Secretary at the Parish Office.



GOD'S GIFT OF LONG LIFE

FAMILY OF FAITH CAMPAIGN

The Family of Faith campaign will issue 2017 tax receipts for Family of Faith donations by the end of February 2018. Most gifts to the campaign have been in the form of pledges, payable over five years. Tax receipts will be issued for the value of gift amounts actually received in 2017, through Sunday, December 31, 2017. Please note that contributions sent by mail that were postmarked on or before December 31, 2017 are eligible for a 2017 tax receipt.

TAX RECEIPTS: Your tax receipts will be ready for pick up on Saturday, February 17th and Sunday, February 18th after all Masses.

FOCUS: Let us strive to proclaim the gospel by our everyday words and actions

We hear that the Good News of Jesus is spreading to many towns and villages. Jesus tells his disciples that he has come for the purpose of preaching and teaching. That is our purpose as well. Let us strive to spread the Gospel in our everyday lives.

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